

## MALE SENIOR - OUTDOOR

100 M			200M			400M		
2013	JARID VAUGHAN	10.52	2013	JARID VAUGHAN	21.17	2012	STUART ELLENWOOD	49.20
2013	ROHAN STEWART	10.82	2013	ROHAN STEWART	21.74	2015	STUART ELLENWOOD	49.78
2013	ROBBIE GALLAUGHER	10.93	2013	ROBBIE GALLAUGHER	22.18	2016	ETHAN WILKINSON	50.07
2012	STEPHEN HUMPREY	11.21	2014	ROBBIE GALLAUGHER	22.38	2013	STUART ELLENWOOD	50.12
2013	BRAEDON DOLFO (T13)	11.22	2012	ROBBIE GALLAUGHER	22.43	2014	STUART ELLENWOOD	50.66
2015	BRAEDON DOLFO (T13)	11.33	2012	STEPHEN HUMPREY	22.69	2018	DEAN ELLENWOOD	51.15
2014	BRAEDON DOLFO (T13)	11.34	2014	BRAEDON DOLFO (T13)	23.10	2015	AIDEN KITS	51.84
2013	STEPHEN HUMPREY	11.47	2013	STUART ELLENWOOD	23.30	2013	JESSE LYNCH	52.35
2011	ROBBIE GALLAUGHER	11.82	2013	BRAEDON DOLFO (T13)	23.50	2013	DUSTIN WALSH (T11)	53.00
2006	SAM WALKER	12.07	2006	SAM WALKER	24.17	2013	ROSS BROWN	53.29
800 M			1500 M			3000M		
2017	TYLER DE JONG	1:53.19	2015	DECLAN WHITE	3:46.86	2015	DECLAN WHITE	8:11.97
2017	JAMES LAM	1:53.36	2017	LEVI NEUFELD	3:48.49	2012	BLAIR JOHNSTON	8:23.25
2017	ADAM MARSHALL	1:53.37	2012	BLAIR JOHNSTON	3:50.10	2013	CHRIS VOTH	8:27.20
2015	ADAM MARSHALL	1:53.39	2015	LEVI NEUFELD	3:50.63	2017	NIC COLYN	8:32.16
2016	JAMES LAM	1:53.50	2017	CALEB DEJONG	3:51.70	5000M		
2016	ADAM MARSHALL	1:54.31	2017	JAMS LAM	3:51.74	2015	DECLAN WHITE	14:07.56
2014	STUART ELLENWOOD	1:54.78	2016	ADAM MARSHALL	3:52.87	2017	CALEB DEJONG	14:25.50
2016	TYLER DE JONG	1:54.90	2016	DEON CLIFFORD	3:53.97	2015	BLAIR JOHNSTON	14:42.93
2018	DEAN ELLENWOOD	1:55.09	2017	NIC COLYN	3:53.98	2013	CHRIS VOTH	14:43.29
2013	STUART ELLENWOOD	1:55.19	2013	CHRIS VOTH	3:54.14	2016	BLAIR JOHNSTON	14:47.05
LONG JUMP			110M HURDLES			2012	BLAIR JOHNSTON	14:52.71
2013	ROBBIE GALLAUGHER	7.62	2016	JUSTIN MASSAR	15.85	3000M STEEPLECHASE		
2011	ROBBIE GALLAUGHER	7.46	2010	MATT STRAUSS	19.47	2017	NIC COLYN	8:54.98
2012	ROBBIE GALLAUGHER	7.41	400M HURDLES			2016	DEON CLIFFORD	9:04.65
2014	ROBBIE GALLAUGHER	7.33	2013	JESSE LYNCH	56.58	2016	CALEB DEJONG	9:24.60
2015	BRAEDON DOLFO (T13)	6.54	HIGH JUMP			2013	BLAIR JOHNSTON	9:59.35
2013	STEPHEN HUMPREY	6.40	2005	KEVIN HARRISON	1.90	JAVELIN		
2013	BRAEDON DOLFO (T13)	6.21	2016	JUSTIN MASSAR	1.85	2012	KYLE NIELSEN	77.14
2016	JUSTIN MASSAR	6.07	2013	BRAEDON DOLFO (T13)	1.65	2013	KYLE NIELSEN	Jam
2006	SAM WALKER	5.30	POLE VAULT			DISCUS		
			2017	DAVID BOYD	4.80	1990	ROD FARQUHARSON	41.86
			2014	JAMIE SINCLAIRE	4.50	HAMMER		
			2017	GLEN JOHNSON	4.00	1987	ELDEN PFEIFFER	63.78
			2010	MATT STRAUSS	3.80			

## MALE SENIOR - INDOOR

50M			60M			200M		
2011	ROBBIE GALLAUGHER	6.33	2013	JARID VAUGHAN	6.88	2012	STEPHEN HUMPREY	22.99
			2013	ROHAN STEWART	7.03	2011	ROBBIE GALLAUGHER	23.39
			2011	ROBBIE GALLAUGHER	7.20	2012	ROBBIE GALLAUGHER	24.40
			2013	STEPHEN HUMPREY	7.20			
			2012	STEPHEN HUMPREY	7.23			
			2015	BRAEDON DOLFO (T13)	7.33			
300M			400M			600M		
2013	STEPHEN HUMPREY	38.36	2015	STUART ELLENWOOD	49.73	2017	AIDEN KITS	1:22.49
			2013	STUART ELLENWOOD	50.15	2017	TYLER DE JONG	1:23.42
			2018	DEAN ELLENWOOD	50.63			
			2016	AIDEN KITS	51.19			
			2013	JESSE LYNCH	53.02			
			2013	DYLAN WILLIAMSON	54.42			
800M			1000M			1500M		
2018	DEAN ELLENWOOD	1:53.26	2016	ADAM MARSHALL	2:28.51	2013	CHRIS VOTH	3:58.88
2017	JAMES LAM	1:53.78	2017	JAMES LAM	2:31.12	2017	CALEB DE JONG	3:59.42
2014	STUART ELLENWOOD	1:55.89	2013	CHRIS VOTH	2:35.83	2017	NICK COLYN	3:59.45
2015	ADAM MARSHALL	1:56.75	2015	ADAM MARSHALL	2:36.40	2015	ADAM MARSHALL	4:00.11
2017	ADAM MARSHALL	1:57.03				2014	CHRIS VOTH	4:01.43
2013	CHRIS VOTH	1:57.20						
2015	STUART ELLENWOOD	1:57.28						
3000M			1 MILE					
2017	CALEB DE JONG	8:20.46	2016	BLAIR JOHNSTON	4:18.07			
2018	NICK COLYN	8:22.24	2016	ADAM MARSHALL	4:18.28			
2013	BLAIR JOHNSTON	8:24.55	2013	BLAIR JOHNSTON	4:20.77			
2015	BLAIR JOHNSTON	8:26.29	2017	NICK COLYN	4:21.29			
2017	NICK COLYN	8:27.91	2016	NICK COLYN	4:22.00			
2014	CHRIS VOTH	8:41.47	2013	CHRIS VOTH	4:26.76			
2014	BLAIR JOHNSTON	8:59.42	2016	JAMES LAM	4:27.54			
			2015	ADAM MARSHALL	4:28.40			
			2018	DEAN ELLENWOOD	4:30.94			
			2014	BLAIR JOHNSTON	4:42.23			
LONG JUMP			HIGH JUMP			POLE VAULT		
2011	ROBBIE GALLAUGHER	7.17	2017	STEPHEN HUMPREY	2.03	2013	ADAM OSBORNE	4.41
2012	ROBBIE GALLAUGHER	7.09	2014	STEPHEN HUMPREY	1.95			

2013 STEPHEN HUMPREY  
2013 BRAEDON DOLFO (T13)

6.58 2013  
6.10 2012

STEPHEN HUMPREY  
STEPHEN HUMPREY

1.92  
1.81