

## 14 YR OLD FEMALE - OUTDOOR

| 100 M  |                            |         | 200 M  |                    |         | 300 M  |                            |          |
|--------|----------------------------|---------|--------|--------------------|---------|--------|----------------------------|----------|
| 1979   | LYNN OUCHAREK              | 12.70   | 1990   | MARIE REGLIS       | 26.50   | 2016   | PRABHASHA WICKRAMAARACHCHI | 42.98    |
| 2015   | NATALIA MONRO              | 12.88   | 2009   | GEORGIA ELLENWOOD  | 26.55   | 2013   | MEGAN CHAMPOUX             | 44.17    |
| 2016   | SHEELANA WILEY             | 12.89   | 2013   | HANNAH MORRISON    | 26.93   | 2018   | TAYJA BOYKO                | 44.94    |
| 2012   | HANNAH ROLFE               | 12.98   | 2007   | JADE VAUGHAN       | 27.16   | 2010   | ALEXANDRA CONNOR           | 45.36    |
| 1976   | SANDY TURGEON              | 13.00   | 2014   | JESSICA URBAN      | 27.27   | 2017   | VERONICA ROBERTSON         | 45.36    |
| 2013   | HANNAH MORRISON            | 13.07   | 1984   | KELLY ANNE KEMPF   | 27.30   | 2010   | HALEY COLLIS               | 45.71    |
| 2014   | JESSICA URBAN              | 13.07   | 1979   | LYNN OUCHAREK      | 27.30   | 2011   | REBECCA LINDSAY            | 45.90    |
| 1989   | ANGELA BUCHTA              | 13.10   | 2013   | MEGAN CHAMPOUX     | 27.45   | 2012   | ADRIANNA KLASSEN           | 45.92    |
| 1997   | GRACE DUNNIGAN             | 13.10   | 2008   | ALLISON GALLAUGHER | 27.46   | 2016   | EMMA MARKIN                | 46.59    |
| 1981   | HEIDI JANZEN               | 13.20   | 1981   | HEIDI JANZEN       | 27.50   | 2010   | JESSICA TAN                | 46.69    |
| 400 M  |                            |         | 800 M  |                    |         | 1200 M |                            |          |
| 2009   | GEORGIA ELLENWOOD          | 59.01   | 2015   | BROOKE MUSSCHE     | 2:19.81 | 2015   | BROOKE MUSSCHE             | 3:49.90  |
| 2007   | JADE VAUGHAN               | 1:00.56 | 2012   | ADRIANNA KLASSEN   | 2:22.78 | 2016   | LEAH BAKKER                | 3:55.82  |
| 1990   | MARIA REGLIS               | 1:01.20 | 2013   | MEGAN CHAMPOUX     | 2:22.80 | 2013   | BROOKE HOOLSEMA            | 3:55.85  |
| 2016   | PRABHASHA WICKRAMAARACHCHI | 1:01.67 | 2010   | ALEXANDRA CONNOR   | 2:23.60 | 2014   | KAYLA WELTZIN              | 4:04.58  |
| 1978   | LEAH PELLIS                | 1:01.80 | 1982   | PENNY SYROID       | 2:23.80 | 2016   | SERENA BATH                | 4:04.69  |
| 1985   | JENNIFER NEWMAN            | 1:02.00 | 2009   | GEORGIA ELLENWOOD  | 2:24.20 | 2013   | MEGAN CHAMPOUX             | 4:05.49  |
| 2003   | ANGELA SHAW                | 1:03.05 | 2003   | ANGELA SHAW        | 2:25.69 | 2012   | BREANNE DEJONG             | 4:05.91  |
| 1982   | PENNY SYROID               | 1:03.30 | 1978   | LEAH PELLIS        | 2:25.90 | 2010   | ALEXANDRA CONNOR           | 4:09.42  |
| 2008   | ASHLEY WINDSOR             | 1:03.12 | 2001   | ERIN PAYNE         | 2:26.28 | 2013   | KAYLA CHAMBERLAND          | 4:24.98  |
| 2009   | ALLISON GIESBRECHT         | 1:03.56 | 1981   | SANDRA STUSHNOFF   | 2:27.10 | 2012   | JULIA MARSHALL             | 4:28.72  |
| 1500 M |                            |         | 2000 M |                    |         | 3000 M |                            |          |
| 2003   | SAMANTHA LOTNICK           | 4:54.80 | 2013   | MEGAN CHAMPOUX     | 6:59.24 | 1993   | ANGELA KINNIE              | 10:40.40 |
| 2001   | ERIN PAYNE                 | 4:58.27 | 2013   | BROOKE HOOLSEMA    | 7:06.05 | 2002   | AMANDA HALL                | 10:53.11 |
| 1982   | PENNY SYROID               | 4:58.60 | 2014   | KAYLA WELTZIN      | 7:20.00 | 2001   | ERIN PAYNE                 | 10:53.33 |
| 2002   | AMANDA HALL                | 5:00.47 | 2016   | SERENA BATH        | 7:20.15 | 2006   | KATE McKINNON              | 10:55.21 |
| 2006   | KATE McKINNON              | 5:02.21 | 2012   | BREANNE DEJONG     | 7:24.11 | 2003   | SAMANTHA LOTNICK           | 11:06.48 |
| 2016   | LEAH BAKKER                | 5:02.23 | 2012   | LARA OPPENLANDER   | 7:24.21 | 2013   | MEGAN CHAMPOUX             | 11:09.30 |
| 2105   | BROOKE MUSSCHE             | 5:03.57 | 2018   | SOPHIA SCHULZ      | 8:03.29 | 2017   | REBECCA VERSLUIS           | 11:22.44 |
| 1993   | ANGELA KINNIE              | 5:04.00 | 2018   | ZOEY SHUFFLEBOTHAM | 9:15.09 | 1991   | LISA CORTNER               | 11:25.00 |
| 1978   | LEAH PELLIS                | 5:05.60 |        |                    |         | 1989   | EMILY KYDD                 | 11:29.00 |
| 2013   | BROOKE HOOLSEMA            | 5:07.04 |        |                    |         | 2014   | KAYLA WELTZIN              | 11:44.80 |

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| 1500 M STEEPLE CHASE |                    |         | 80 M HURDLES |                            |       | 200 M HURDLES |                            |       |
|----------------------|--------------------|---------|--------------|----------------------------|-------|---------------|----------------------------|-------|
| 2013                 | MEGAN CHAMPOUX     | 5:10.36 | 2016         | HOLLY HARRISON             | 12.19 | 2013          | MEGAN CHAMPOUX             | 28.41 |
| 2012                 | ADRIANNA KLASSEN   | 5:27.25 | 1990         | MARIA REGLIS               | 12.30 | 2013          | HANNAH MORRISON            | 28.68 |
| 2003                 | SAMANTHA LOTNICK   | 5:29.34 | 2015         | NATALIA MONRO              | 12.30 | 2016          | HOLLY HARRISON             | 29.80 |
| 2003                 | ANGELA SHAW        | 5:40.10 | 2013         | HANNAH MORRISON            | 12.53 | 2016          | DOMINIQUE RONSE            | 30.32 |
| 2012                 | BREANNE DEJONG     | 5:45.88 | 1984         | KELLY ANNE KEMPF           | 12.90 | 2016          | PRABHASHA WICKRAMAARACHCHI | 30.48 |
| 2012                 | JULA MARSHALL      | 6:02.73 | 2009         | GEORGIA ELLENWOOD          | 12.90 | 2012          | JACLYN PAULEY              | 31.55 |
| 2003                 | KELLY BULLIVANT    | 6:42.66 | 2013         | MEGAN CHAMPOUX             | 12.94 | 2012          | ADRIANNA KLASSEN           | 32.01 |
|                      |                    |         | 2007         | JADE VAUGHAN               | 12.99 | 2011          | EMMA SMITHSON              | 32.28 |
|                      |                    |         | 1978         | LEAH PELLIS                | 13.00 | 2012          | LISA ALLINGHAM             | 32.75 |
|                      |                    |         | 1999         | LEANNE KWIATKOWSKI         | 13.00 |               |                            |       |
| 300 M HURDLES        |                    |         | PENTATHLON   |                            |       | HEPTATHLON    |                            |       |
| 1994                 | RHOSLYN JONES      | 44.35   | 2009         | GEORGIA ELLENWOOD          | 3294  | 2009          | GEORGIA ELLENWOOD          | 4348  |
| 2009                 | GEORGIA ELLENWOOD  | 45.22   | 1985         | JENNIFER NEWMAN            | 2995  | 2009          | KELLY MCKENNA              | 2685  |
| 1990                 | MARIA REGLIS       | 46.00   | 2016         | HOLLY HARRISON             | 2972  | 2010          | TAYLOR NEVEU               | 2468  |
| 2007                 | JADE VAUGHAN       | 47.59   | 2011         | ROBYN BUCKINGHAM           | 2822  |               |                            |       |
| 1985                 | JENNIFER NEWMAN    | 48.60   | 2016         | SHELEENA WILEY             | 2776  |               |                            |       |
| 1999                 | LEANNE KWIATKOWSKI | 49.90   | 2013         | MEGAN CHAMPOUX             | 2620  |               |                            |       |
| 2003                 | KELLY BULLIVANT    | 50.80   | 2007         | JADE VAUGHAN               | 2580  |               |                            |       |
| 2008                 | SHELBY SMITHSON    | 51.96   | 1994         | RHOSLYN JONES              | 2575  |               |                            |       |
| 2012                 | LISA ALLINGHAM     | 52.91   | 1996         | ALAINA PIRIE               | 2560  |               |                            |       |
| 1989                 | SYLVIA SHEARING    | 53.70   | 2012         | JACLYN PAULEY              | 2502  |               |                            |       |
| HIGH JUMP            |                    |         | LONG JUMP    |                            |       | TRIPLE JUMP   |                            |       |
| 2009                 | GEORGIA ELLENWOOD  | 1.73    | 1984         | KELLY ANNE KEMPF           | 5.34  | 1984          | KELLY ANNE KEMPF           | 10.73 |
| 1984                 | KELLY ANNE KEMPF   | 1.68    | 2009         | GEORGIA ELLENWOOD          | 5.28  | 1999          | LEANNE KWIATKOWSKI         | 10.38 |
| 2016                 | ENIKO SARA         | 1.65    | 2015         | NATALIA MONRO              | 5.09  | 2013          | MARIE-LOUISE FORSYTH       | 10.31 |
| 2010                 | TAYLOR NEVEU       | 1.60    | 2016         | HOLLY HARRISON             | 5.03  | 2002          | ALEXANDRA BOURNELIS        | 9.80  |
| 2012                 | HANNAH ROLFE       | 1.60    | 2016         | PRABHASHA WICKRAMAARACHCHI | 4.99  | 2008          | ALLISON GALLAUGHER         | 9.80  |
| 1985                 | JENNIFER NEWMAN    | 1.55    | 2008         | ALLISON GALLAUGHER         | 4.91  | 1996          | ALAINA PIRIE               | 9.71  |
| 2008                 | SHELBY SMITHSON    | 1.55    | 2010         | JESSICA TAN                | 4.90  | 1990          | MARIA REGLIS               | 9.64  |
| 2010                 | AMY VICIC          | 1.55    | 2016         | SHELEENA WILEY             | 4.90  | 2010          | AMY VICIC                  | 9.61  |
| 2011                 | ROBYN BUCKINGHAM   | 1.55    | 2014         | JESSICA URBAN              | 4.88  | 1996          | THERESA KING               | 9.54  |
| 2016                 | HOLLY HARRISON     | 1.53    | 2016         | DOMINIQUE RONSE            | 4.87  | 2011          | EMMA HARRISON              | 9.39  |
|                      |                    |         | 2013         | LOUISE FORSYTH             | 4.85  |               |                            |       |

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| POLE VAULT       |                    |       | SHOT PUT        |                    |       | DISCUS |                      |       |
|------------------|--------------------|-------|-----------------|--------------------|-------|--------|----------------------|-------|
| 2013             | LAURYN CHEUNG      | 2.90  | 2016            | ENIKO SARA         | 10.84 | 2000   | SUSAN LEVITT         | 29.05 |
| 2014             | MAKAILA LAPOINTE   | 2.60  | 2015            | NATALIA MONRO      | 10.75 | 1989   | JULIE GUBBINS        | 28.40 |
| 2010             | JESSICA TAN        | 2.30  | 2005            | MICHELLE STUART    | 10.47 | 1989   | CHELLAE PALMER       | 27.86 |
| 2013             | MEGAN CHAMPOUX     | 2.20  | 2000            | SUSAN LEAVITT      | 10.17 | 2013   | MARIE-LOUISE FORSYTH | 27.20 |
| 1995             | LEIDA HARTMANN     | 2.15  | 2012            | JACLYN PAULEY      | 9.34  | 1999   | ASHLEY AKINS         | 26.22 |
| 2018             | JORDAN BLAKER      | 1.80  | 2011            | ROBYN BUCKINGHAM   | 9.12  | 2004   | KAITLYN HUZIAK       | 25.81 |
|                  |                    |       | 2016            | SHELEENA WILEY     | 9.04  | 1986   | NICOLE THOMPSON      | 25.80 |
|                  |                    |       | 2009            | KELLY MCKENNA      | 8.99  | 1982   | JUDY PFEIFFER        | 25.08 |
|                  |                    |       | 2016            | HOLLY HARRISON     | 8.86  | 1996   | THERESA KING         | 24.36 |
|                  |                    |       | 2012            | CHLOE HETHERINGTON | 8.84  | 2009   | KELLY MCKENNA        | 24.00 |
| JAVELIN (500 GM) |                    |       | JAVELIN (600GM) |                    |       | HAMMER |                      |       |
| 2015             | RORI DENNESS       | 44.75 | 1984            | KELLY ANNE KEMPF   | 41.60 | 2000   | SUSAN LEVITT         | 36.00 |
| 2016             | ENIKO SARA         | 42.09 | 2016            | ENIKO SARA         | 34.30 | 2007   | SAMANTHA KENNEDY     | 34.70 |
| 2012             | CHLOE HETHERINGTON | 22.40 | 2004            | KAITLYN HUZIAK     | 34.26 | 2006   | ALYSSA WALKER        | 32.66 |
|                  |                    |       | 2005            | MICHELE STUART     | 33.62 | 2005   | MICHELLE STUART      | 29.94 |
|                  |                    |       | 2000            | SUSAN LEAVITT      | 33.06 | 2013   | LAURYN CHEUNG        | 21.98 |
|                  |                    |       | 2008            | SHELBY SMITHSON    | 31.51 | 2008   | SARAH MCMILLAN       | 17.85 |
|                  |                    |       | 1986            | NICOLE THOMPSON    | 30.12 |        |                      |       |
|                  |                    |       | 2009            | GEORGIA ELLENWOOD  | 29.20 |        |                      |       |
|                  |                    |       | 2007            | SAMANTHA KENNEDY   | 25.77 |        |                      |       |
|                  |                    |       | 2011            | ROBYN BUCKINGHAM   | 23.56 |        |                      |       |

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| 60 M      |                   |         | 200 M        |                   |       | 300 M  |                    |         |
|-----------|-------------------|---------|--------------|-------------------|-------|--------|--------------------|---------|
| 2015      | NATALIA MONRO     | 8.14    | 2009         | GEORGIA ELLENWOOD | 27.58 | 2015   | NATALIA MONRO      | 46.99   |
| 2009      | GEORGIA ELLENWOOD | 8.41    | 2011         | MIRANDA GREGORY   | 29.03 | 2018   | MORGAN WYLIE       | 48.18   |
| 2018      | JORDAN BLAKER     | 8.66    | 2015         | DANIELLE WALLER   | 31.43 | 2018   | TAYJA BOYKO        | 48.91   |
| 2018      | MORGAN WYLIE      | 8.80    |              |                   |       | 2018   | JORDAN BLAKER      | 50.05   |
| 2015      | JESSIE MARKIN     | 8.86    |              |                   |       | 2018   | DANIELA SADA       | 54.58   |
| 2018      | TAYJA BOYKO       | 8.95    |              |                   |       | 2018   | ZOEY SHUFFLEBOTHAM | 54.69   |
| 2015      | MOLLIE MARKIN     | 9.05    |              |                   |       | 2018   | SOPHIA SCHULZ      | 55.02   |
| 400 M     |                   |         | 60 M HURDLES |                   |       | 1000 M |                    |         |
| 2015      | JESSIE MARKIN     | 1:08.62 | 2009         | GEORGIA ELLENWOOD | 9.74  | 2018   | SOPHIA SCHULZ      | 3:48.17 |
| 2015      | MOLLIE MARKIN     | 1:09.02 | 2011         | MIRANDA GREGORY   | 9.83  | 2018   | DANIELA SADA       | 3:48.56 |
|           |                   |         |              |                   |       | 2018   | ZOEY SHUFFLEBOTHAM | 4:00.67 |
| HIGH JUMP |                   |         | LONG JUMP    |                   |       |        |                    |         |
| 2009      | GEORGIA ELLENWOOD | 1.62    | 2009         | GEORGIA ELLENWOOD | 5.09  |        |                    |         |
| 2010      | AMY VICIC         | 1.55    | 2011         | MIRANDA GREGORY   | 5.09  |        |                    |         |