

36th Annual Pacific Invitational 2015 BC Masters Championships



June 19, 20 & 21, 2015

**McLeod Athletic Park
58 Avenue & 214 Street, Langley BC**

On behalf of the Langley Mustangs, we extend a warm welcome to the close to 1,000 athletes expected to participate in this year's event!

The venue again this year is McLeod Athletic Park in Langley, British Columbia, Canada, site of both the 2013 and 2014 Legion National Youth Championships.

This meet is officially sanctioned BC Athletics and by the International Paralympic Committee. All results can be used for national and international ranking.

Brent Dolfo
Langley Mustangs – Meet Director
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MEET DIRECTOR: Brent Dolfo
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LATE ENTRIES ONLY: Shirley Young
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604-575-7990

ENTRY DEADLINE: midnight, Sunday June 14th, 2015

ENTRIES WILL BE DONE THROUGH TrackieREG: <http://www.trackie.com/online-registration>

Entry Fees (US dollars at Par):

- Individual, non-Masters: \$8.00 per event
- Master's: \$15.00 per event
- Heptathlon: \$25
- Relays: \$10 per team
- Little Rascals: \$10 for all 4 events combined

Late Registration and Fee

- **After, June 14th, 2015, all late entries fees will apply**
- **Late entries will be done at the track**
- **JD through Open late entries are \$20 per event**
- **Master's late entries are \$25.00**
- Late entries may not receive correct seeding
- Day of the Meet entries will be accepted for the 4 X100 meter relay until the end of Saturday, June 20th, 2015 with no late fee

Divisions:

- Junior Development (J.D.): (9 -13 yrs) single age groupings
- Midget (14-15 yrs), Youth (16-17 yrs), Junior (18/19 yrs), Open (20-34 yrs)
- Little Rascals (age 6,7,8 yrs)
- Masters (scored in 5 year age increments)

BC Athletics Membership

- All Masters must be a BCA member or equivalent in another jurisdiction to complete

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Finalists

- Fastest 8 times for each divisions heats for the 60M, 100 M will become finalists
- **Timed Finals all events EXCEPT 60M, 100M ** this year the 200m will be timed finals**

Track Events

- For all 60M and 100M track events with 8 or fewer competitors, finals will be at scheduled heats time
- Events may be run up to 30 minutes earlier than the scheduled time

Hurdles

- Age 9 to 13: Training Hurdles; Age 14 and older: Weighted Hurdles
- The Hurdle schedule will follow distances, spacing, and heights from 110M to 60M, 400M to 200M

Vertical Jumps

- The bar will be raised 5 cm until two competitors left, and then remaining athletes choose height
- Starting heights will be discussed at the start of the competition with the official making the final decision

Throws & Horizontal Jumps

- Ages 9-13 receive will receive 3 attempts
- Midget and older receive 3 attempts; top eight qualify for 3 additional attempts

Conflicting Track/Field Events

- To avoid missing jumps or races, athletes should report to BOTH event Officials. Athletes cannot “catch up” on missed rounds of throws/jumps

Results

- Results will be posted at the track and on www.langleymustangs.com

Awards

- First Nation designed medals will be available. Double Ribbons: 4th through 8th. Relays will be ribbons 1st through 8th. Master’s medal winners will receive BC Athletics Medals
- Medals MUST be picked up at the meet – there will be NO mail out of medals or ribbons

Protests

- After discussion with the event referee, further protest must be submitted in writing to the Chief of Officials and the Jury of Appeal within 30 minutes of the posting of the results
- A \$25.00 protest fee is to accompany all protests. If the protest is upheld then the protest fee will be returned
- JURY OF APPEAL: A jury of appeal consisting of three competent and qualified persons will be available for decisions arising from protests. All Jury of Appeal decisions are final

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TRACK SCHEDULE

FRIDAY, June 19		SATURDAY, June 20		SUNDAY, June 21	
5:45pm	Heptathlon 100mH	8:30am	3000/2000m	8:45am	400, 300,200m Hurdles
6:15pm	Steeplechase (3000,2000,1500m)	9:45am	110,100,80,60m Hurdles	9:30am	1500/1200/1000m
7:10pm	Elite 800m Women Standard 2:20	12:15pm	200m Timed Finals	11:15am	100m heats
7:20pm	Elite 800m Men Standard 1:55	2:30pm	Heptathlon 800m	1:30pm	Little Rascals Race
7:30pm	Racewalk 3000m	2:45pm	60m Heats (Junior Dev't)	1:45pm	4 X100m
8:15pm	Heptathlon 200m	3:30pm	800/600m	2:20pm	400m Wheelchair
		4:15pm	60m Finals	2:30pm	100m Finals
				3:15pm	400/300m Finals

Important Notes:

- **Little Rascals' (age 6,7,8) 4 events of ball throw, hurdles, standing long jump and 50 meters starts on the infield, Sunday at 11:30am**
- Track events will run Wheelchair, then Oldest to Youngest Women and then Men with the Exception of Hurdles which will run by event Distance- longest to shortest
- If there are 8 runners or less, events will run as finals during the scheduled heats
- 4 X100 teams compete in combined categories 9-11, 12-13, 14-15, Youth, Open, Masters
- Track events are a rolling start and may run up to 30 minutes ahead of schedule

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FIELD EVENTS SCHEDULE

FRIDAY, JUNE 19, 2015

	High Jump Pit A	Long Jump Pit A	Long Jump Pit B	Shot Put	Hammer	Weight Throw
3:15						Masters W and M
4:30						
4:45					Masters W	
5:45				Club Throw Para	Midget, Youth, Jr, Open Men	
6:30	Hept.			Para		
7:00		Midget W			Masters Men	
7:30				Hept		

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SATURDAY JUNE 20, 2015

	High Jump Pit A	High Jump Pit B	Long Jump Pit A	Long Jump Pit B	Pole Vault	Shot Put	Discus	Javelin
8:30			10 M				12,13 W	
9:00	11W	12 M		11 M	13, Midget M	Midget M		Masters M
9:30			Youth M (9:45)				12,13 M	
10:00	Masters M			12 W (10:15)		10 M		
10:30		13 W	Hept.		Youth, Jr, Open Masters M		Para	Jr, Open, Masters W
11:00						Midget W		
11:30		10W	Masters W & M				Midget, Youth Jr, Open M	Hept. W
12:00	Youth, Jr, Open M			12M		11 W		
12:30			Youth, Jr Open W (12:15)				10,11 M	Youth W
1:00		Masters W		9 W	13, Midget W	12 W		
1:30	Midget G		10W (1:15)				Midget, Youth, Jr Open W	Midget W
2:00			13 W	11 W	Youth, Jr, Open, Masters W			
2:30						11 M	10,11 W	12 W
3:00			Jr,Open M					
3:30				Midget M		12 M	Masters W	13 W
4:00			13 M					
4:30						13 M	Masters M	

