

South Fraser Cross Country 2013 - 28/09/2013
 Bear Creek Park< Surrey BC
 Results

Women 20-99 5000 Meter Run

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Name                               Age Team                               Seed   Finals
Points
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Results - Women 20-99
 1 Smart, Kristin                   28 Unattached                           15:22.04
 2 J, Christie                       51 Unattached                           15:39.21
 3 Biffart, Michelle                 43 Oceans Athletics                     16:28.04
 4 Larssen, Beverley                 24 Unattached                           18:28.08
 5 Morrison, Errin                   38 Unattached                           18:47.00
 6 Jones, Sue                         42 Unattached                           19:21.87
 7 Hansen-Baker, Tina                47 Semiahmoo                            19:38.49
 8 Lee, Amy                           51 Unattached                           19:51.42
 9 Lowe, Donna                       65 Semiahmoo                            19:55.22
10 Lightfoot, Brenda                 59 Semiahmoo                            22:53.79
11 Smart, June                       52 Unattached                           30:09.62
12 Makepeace, Dee                    49 Semiahmoo                            30:09.62
13 Fontaine, Elsie                   52 Semiahmoo                            30:09.78
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Men 20-99 8k Run CC

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Name                               Age Team                               Seed   Finals
Points
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Results - Men 20-99
 1 Jang, Stan                        45 Unattached                           27:46.66
 2 Weiss, Joshua                     37 UNBC                                  30:47.13
 3 Galo, Lito                         48 Unattached                           30:51.00
 4 Moon, Mike                         52 Prairie Inn                          31:20.17
 5 Forsyth, Gavin                    44 Unattached                           31:26.22
 6 Christie, Gordon                  52 Prairie Inn                          31:50.01
 7 de St. Criox, Ted                 56 Oceans Athletics                     33:36.08
 8 Bouston, Chris                    52 Semiahmoo                            34:08.19
 9 Aitkuzhinov, Almat                22 Douglas College                     34:40.28
10 Wade, Bob                       54 Unattached                           34:49.50
11 Hernern, Doug                     56 Unattached                           35:55.74
12 Fisher, Murray                    52 Semiahmoo                            36:01.28
13 Zhu, Jian                          44 Oceans Athletics                     36:28.14
14 Smith, Brad                       53 Oceans Athletics                     37:18.29
15 Best, Brad                        45 Semiahmoo                            37:52.05
16 Wickremasuriya, Gihan             39 Kajaks Track and                     37:58.36
17 Nose, Lance                       57 Unattached                           37:59.42
18 Carusso, John                     73 Kajaks Track and                     38:04.47
19 Wood, Paul                         64 Semiahmoo                            38:14.66
20 Rornain, Everett                  58 Unattached                           38:22.09
21 Hastie, Tom                       66 Semiahmoo                            39:08.13
22 Makepeace, John                   53 Semiahmoo                            39:22.73
23 Zalose-Huk, Evan                  54 Semiahmoo                            39:30.56
24 Riddell, Bob                      58 Kajaks Track and                     39:30.62
25 Heron, Ron                        59 Oceans Athletics                     39:42.80
26 Madderom, Jake                    68 Kajaks Track and                     39:45.33
27 MacNeil, Wayne                    58 Unattached                           40:11.14
28 Lowe, Phil                        44 Unattached                           40:57.26
29 Cerullo, Antonio                  47 Semiahmoo                            41:27.69
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30 Jackisch, Ingo	60 Unattached	43:08.19
31 Daniel, Rob	74 Unattached	45:29.77

Mixed 6 Year Olds 1000 Meter Run CC

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Name                Age Team                Seed    Finals
Points
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Results - Mixed 6 Year Olds

1 Yewchuk, Jordin	W6 Oceans Athletics	6:16.31
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Mixed 7 Year Olds 1000 Meter Run CC

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Name                Age Team                Seed    Finals
Points
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Results - Mixed 7 Year Olds

1 Jones, Cerys	W6 Unattached	6:23.33
2 Murrell, Claire	W7 Oceans Athletics	6:51.63
3 Cairney, Anna	W7 Oceans Athletics	7:05.18
4 Murrell, Grace	W7 Oceans Athletics	7:05.46

Mixed 8 Year Olds 1000 Meter Run CC

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Name                Age Team                Seed    Finals
Points
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Results - Mixed 8 Year Olds

1 Neil, Spencer	M8 West Point Grey	4:22.85
1 Lawson, Elizabeth	W8 Southridge Schoo	4:44.22
2 Anthony, Sam	M8 West Point Grey	4:27.99
2 Cyr, Lindsay	W8 Oceans Athletics	5:04.67
3 Sinclair, Aidan	M8 West Point Grey	4:33.74
3 Ruus, Julia	W8 West Point Grey	5:17.84
4 Yewchuk, Zachary	M8 Oceans Athletics	4:40.81
4 Reed, Jordyn	W8 Southridge Schoo	5:29.99
5 Bouthoux-Roberts, Branso	M8 Oceans Athletics	4:43.18
5 Pulver, Noah	W8 West Point Grey	5:34.32
6 Osborn, Alex	M8 West Point Grey	4:58.48
6 Franke, Emily	W8 Crofton House	5:47.64
7 Abell, Lochlan	M8 Southridge Schoo	5:14.34
7 Wong, Taryn	W8 York House Schoo	5:57.89
8 Ceo, Bergen	M8 Southpointe Acad	5:17.36
8 Watkins, Taya	W8 West Point Grey	6:05.25
9 Wolfe, Phoenix	M8 Oceans Athletics	5:24.19
9 Latoski, Ella	W8 West Point Grey	6:07.85
10 Stott, Maxwell	M8 Oceans Athletics	5:27.65
10 Marzin, Renee	W8 Crofton House	6:09.33
11 Blake, William	M8 Southridge Schoo	5:28.07
11 Shojania, Christianne	W8 Crofton House	6:25.57
12 Hayre, Aaron	M8 Southridge Schoo	5:31.34
12 Tallentire, Samantha	W8 Crofton House	6:32.15
13 Chen, Michael	M8 West Point Grey	5:31.92
13 Barkley, Jill	W8 Crofton House	6:38.65
14 Zhang, Matthew	M8 Southridge Schoo	5:32.78
14 Vipond, Vienna	W8 Southridge Schoo	7:18.14
15 Dunstan, Ben	M8 West Point Grey	5:34.13

15	Zhang, Rebecca	W8	York House Schoo	7:35.58
16	Blomerus, Sebastien	M8	West Point Grey	5:42.28
17	Toporowski, Finn	M8	Southridge Schoo	6:16.99
18	Les, Oliver	M8	Oceans Athletics	6:18.79
19	Dhanao, Gaganjit	M8	Southridge Schoo	6:24.39
20	Christofferson, Jack	M8	Southridge Schoo	6:24.72
21	Purewall, Devon	M8	Southridge Schoo	6:27.38
22	Young, Lucas	M8	Southridge Schoo	7:06.95
23	Bratha, Suvaan	M8	Southridge Schoo	7:15.60
24	Wang, Edward	M8	West Point Grey	8:09.62

Mixed 9 Year Olds 1500 Meter Run CC

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Name	Age	Team	Seed	Finals
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Results - Mixed 9 Year Olds

1	Kobylanski, Liam	M9	Southridge Schoo	6:03.40
1	Dubois-Phillips, Tessa	W9	West Point Grey	6:39.98
2	Ghuman, Gurmun	M9	Universal Athlet	6:29.89
2	Forsyth, Sophie	W9	York House Schoo	6:40.82
3	Hamnett, Amelia	W9	Coquitlam Cheeta	6:43.84
3	Serjohn, Samuel	M9	South Fraser Tra	6:51.39
4	Zhang, Janie	W9	West Point Grey	6:44.77
4	Cull, Taius	M9	Oceans Athletics	7:04.70
5	Bowles, Emily	W9	Royal City Track	6:52.02
5	Sandhu, Jaskirat	M8	G.A.D. Elementar	7:21.02
6	Haintz, Kaia	W9	Golden Ears Athl	6:58.81
6	Sorensen, Lucas	M9	Southridge Schoo	7:21.13
7	Bond, Anika	W9	Southridge Schoo	7:00.67
7	Jones, Samual	M9	West Point Grey	7:24.20
8	Butler, Finley	W9	Vancouver Thunde	7:01.09
8	Cooner, Pritam	M9	Southridge Schoo	7:48.62
9	Warrington, Deha	W9	Vancouver Thunde	7:01.46
9	N/A, Rishi	M9	Southpointe Acad	8:53.81
10	Murrell, Jordan	W9	Oceans Athletics	7:01.98
10	Les, Jayden	M9	Oceans Athletics	9:05.00
11	Jefferson, Michaela	W9	West Point Grey	7:03.27
11	Leach, Nathan	M9	Southridge Schoo	9:16.46
12	Gadalla, Keira	W9	West Point Grey	7:04.04
12	Cao, Richard	M9	Royal City Track	9:21.54
13	Gunther, Cadence	W9	West Point Grey	7:04.51
13	Valensky, Samuel	M9	Southridge Schoo	10:21.80
14	Bourne, MacKinley	W9	West Point Grey	7:21.93
15	Bowles, Kate	W9	Royal City Track	7:23.19
16	Chong, Sophia	W9	Crofton House	7:24.87
17	Hodges, Grace	W9	Royal City Track	7:25.34
18	Johnson, Rachel	W9	Southpointe Acad	7:35.35
19	Sidhu, Aamiya	W9	West Point Grey	7:36.66
20	Ralph, Amy	W9	Unattached	7:42.84
21	Epp, Elli	W9	Oceans Athletics	7:44.71
22	Basra, Parmveer	W8	G.A.D. Elementar	7:45.92
23	Keogh, Laura	W9	York House Schoo	7:46.83
24	Marykuca, Lisa	W9	York House Schoo	7:53.73
25	Petter, Elliotte	W9	West Point Grey	7:59.62
26	Goodwyn, Annika	W9	York House Schoo	7:59.65
27	Lister, Robin	W9	Southridge Schoo	8:00.21
28	Durmaz, Sabrina	W9	York House Schoo	8:00.66
29	Bay, Taylor	W9	Southridge Schoo	8:52.41
30	Kaur, Sumanpreet	W9	G.A.D. Elementar	9:12.31
31	Dhaliwal, Ashna	W9	Southridge Schoo	9:15.69

32 Lee, Lola	W9 West Point Grey	10:08.66
-- Ogbiewi, Michael	M9 Oceans Athletics	DNF
-- Antscheryl, Charles	M9 Oceans Athletics	DNF

Mixed 10 Year Olds 2000 Meter Run CC

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Name	Age Team	Seed	Finals
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Points

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Results - Mixed 10 Year Olds

1 Williams, Chase	M10 West Point Grey	7:27.95
1 Ford, Charlie	W10 West Point Grey	7:34.16
2 Fernback, Sophie	W10 York House Schoo	7:41.11
2 Trent, Matthew	M10 Coquitlam Cheeta	7:44.33
3 Watkins, Olivia	W10 West Point Grey	7:50.05
3 Smith, Nathan	M10 Langley Mustangs	7:54.78
4 Brooks, Emma	W10 West Point Grey	8:00.32
4 Vavasour, Kyle	M10 West Point Grey	8:07.20
5 Kang, Karman	W10 G.A.D. Elementar	8:04.89
5 Monro, Nicholas	M10 Langley Mustangs	8:09.26
6 Andrews, Diana	W10 Crofton House	8:05.92
6 Healey, Kieran	M10 West Point Grey	8:13.90
7 Cady, Chloe	W10 Vancouver Thunde	8:10.64
7 Healey, Cameron	M10 West Point Grey	8:14.28
8 Kalisch, Milena	W10 Royal City Track	8:19.98
8 Timko, Davis	M10 West Point Grey	8:26.15
9 Brittingham, Maia	W10 West Point Grey	8:23.33
9 Thompson, Grady	M10 Coquitlam Cheeta	8:27.58
10 Epp, Henry	M10 Oceans Athletics	8:27.59
10 Sy, Rebecca	W10 Crofton House	8:31.63
11 Low, Sabrina	W10 York House Schoo	8:33.24
11 Stoodley, Jack	M10 West Point Grey	8:38.57
12 Borntraeger, Kaelie	W10 Oceans Athletics	8:35.35
12 Sidhu, Harjovent	M10 Oceans Athletics	8:55.97
13 Bremer, Alicia	W10 New West Spartan	8:35.71
13 Jasney, Ethan	M10 West Point Grey	9:24.43
14 Brooks, Alanna	W10 West Point Grey	8:37.52
14 Howarth, Tyler	M10 Kajaks Track and	9:39.61
15 Yen, Allison	W10 Crofton House	8:43.01
15 Yen, Gavin	M10 West Point Grey	9:42.92
16 Bradbeer, Jayden	W9 Golden Ears Athl	8:48.68
16 Kidd, Garrett	M10 Oceans Athletics	9:57.02
17 Geheran, Amelia	W10 Vancouver Olympi	9:00.46
17 Christofferson, Keith	M10 Southridge Schoo	10:03.45
18 Dunstan, Olivia	W10 Crofton House	9:01.23
18 Bangoo, Ursh	M10 G.A.D. Elementar	10:27.80
19 Bumbulovic, Veronika	W10 Vancouver Thunde	9:22.36
20 Wittig, Tera	W10 York House Schoo	9:29.22
21 Croy, Katelyn	W10 Southpointe Acad	9:32.10
22 Mahaffy, Ciara	W10 Crofton House	9:49.64
23 Stewart, Claire	W10 York House Schoo	10:20.72
24 McDonald, Mollie	W10 West Point Grey	10:32.63
25 Leo, Analiese	W11 Southpointe Acad	11:44.42

Mixed 11 Year Olds 2000 Meter Run CC

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Name	Age Team	Seed	Finals
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Points

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Results - Mixed 11 Year Olds

1	Muncey-Buckley, Brandt	M11 Oceans Athletics	6:55.32
1	Haintz, Marquisis	W11 Golden Ears Athl	7:12.17
2	Clarke, Amy	W11 Oceans Athletics	7:24.58
1			
2	Gan, Christopher	M11 Oceans Athletics	7:38.67
3	Savage, Freya	W11 Vancouver Thunde	7:24.81
3	Lister, Graeme	M11 Southridge Schoo	7:44.21
4	Kobylanski, Maya	W11 Southridge Schoo	7:26.05
4	Iversen, Erik	M11 Coquitlam Cheeta	8:22.82
5	Hill, Natalie	W11 Crofton House	7:30.27
5	Nakhuda, Ben	M11 West Point Grey	8:23.89
6	Peters, Angela	W11 Oceans Athletics	7:42.78
2			
6	Kent, Connor	M11 Coquitlam Cheeta	9:04.93
7	Bowles, Elizabeth	W11 Royal City Track	7:45.84
7	Law, Jaden	M11 West Point Grey	9:07.67
8	Verzosa-Dolezal, Joanna	W11 Oceans Athletics	7:50.53
3			
8	McDonald, Joe	M11 West Point Grey	9:42.74
9	Ogbiewi, Samantha	W11 Oceans Athletics	7:53.77
4			
9	Festing, Nicolas	M11 Unattached	9:43.45
10	Chambers, Jocelyn	W11 West Point Grey	7:58.90
5			
10	Tan, Denny	M11 West Point Grey	9:59.76
11	Cunha, Alanna	W11 Oceans Athletics	8:01.14
6			
11	Skarsgard, Noah	M11 Vancouver Thunde	10:04.07
12	Lemon, Cayla	W11 Oceans Athletics	8:13.36
7			
13	Gadalla, Heather	W11 West Point Grey	8:15.66
8			
14	Ridley, Sofia	W11 Vancouver Olympi	8:20.58
15	Hamnett, Georgia	W11 Coquitlam Cheeta	8:21.48
16	Neil, Olivia	W11 West Point Grey	8:22.53
9			
17	Pallai, Jordan	W11 West Point Grey	8:25.79
10			
18	Warrington, Lucie	W11 Vancouver Thunde	8:32.81
19	Gradecak, Mia	W11 West Point Grey	8:33.55
11			
20	Savela, Lauryn	W11 Royal City Track	8:55.77
21	Muir, Georgia	W11 Oceans Athletics	8:59.46
12			
22	Bury, Sophie	W11 Crofton House	9:03.16
23	Tkach, Sarah	W11 Oceans Athletics	9:22.17
24	Aidlebaum, Katrina	W11 Crofton House	9:30.40

Mixed 12 Year Olds 3k Run CC

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Name	Age Team	Seed	Finals
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Points

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Results - Mixed 12 Year Olds

1	Ralph, Justin	M12 Unattached	10:51.45
1	Milic, Hannah	W12 Oceans Athletics	11:38.71
2	Glover-Cook, Jonah	M12 Vancouver Thunde	11:10.71
2	Smith, Cayla	W12 Oceans Athletics	11:44.77
3	Janke, Shea	M12 Royal City Track	11:16.36
3	Williams, Taylor	W12 West Point Grey	11:51.74

4	Almrud, Harrison	M12	Oceans Athletics	11:29.35
4	Muscat, Josie	W12	West Point Grey	12:19.88
5	Bourne, Jacob	M12	West Point Grey	11:47.19
5	Morris, Sophie	W12	Vancouver Thunde	12:27.37
6	Bradley, Carson	M12	Kajaks Track and	12:02.52
6	Lecky, Lauren	W12	York House Schoo	12:36.56
7	Brittingham, Max	M12	West Point Grey	12:04.69
7	Jones, Catrin	W12	Unattached	12:37.76
8	Belcher, Jeremy	M12	Royal City Track	12:49.96
8	Basra, Snaehpreet	W12	G.A.D. Elementar	12:50.62
9	Harris, Laura	W12	Norwesters Track	13:09.25
9	McCallum, Conrad	M12	Vancouver Thunde	13:25.64
10	Faraday, Kevin	M12	West Point Grey	13:27.37
10	Stewart, Kathryn	W12	York House Schoo	13:34.89
11	Adams, Josephine	W12	West Point Grey	13:36.95
11	Lim, Travis	M12	West Point Grey	16:40.05
12	Watt, Janna	W12	Kajaks Track and	13:38.15
12	Cao, Kelvin	M12	Royal City Track	17:19.63
13	Shan, Allison	W12	York House Schoo	13:50.33
13	Tan, Tory	M12	West Point Grey	18:33.25
14	Szewcyk, Kira	W12	Oceans Athletics	14:33.33
15	Sy, Carissa	W12	Crofton House	14:46.02
16	Blake, Michaela	W12	Southridge Schoo	15:02.95
17	Ghuman, Manroop	W12	Universal Athlet	15:04.46

Mixed 13 Year Olds 3k Run CC

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Name	Age Team	Seed	Finals
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Points

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Results - Mixed 13 Year Olds

1	Schmidt, Jordan	M13	Langley Mustangs	10:20.03
1	Fetherstonhaugh, Grace	W13	Royal City Track	11:06.56
2	Henderson, Ross	M13	Norwesters Track	10:29.65
2	Riberio, Haley	W13	Oceans Athletics	11:29.99
3	Foster, Ethan	M13	Langley Mustangs	10:38.22
3	Weltzin, Kayla	W13	Langley Mustangs	11:47.92
4	Mackenzie, Calum	M13	Vancouver Thunde	11:03.99
4	Forgie, Sarah	W13	Royal City Track	11:55.16
5	Hunter, Ian	W13	Royal City Track	12:04.24
5	Parmar, Rajeev	M13	Coquitlam Cheeta	12:04.26
6	Fjell, Meghan	W13	Vancouver Thunde	12:11.80
6	Biffart, Lucas	M13	Oceans Athletics	12:31.00
7	Lumb, Katia	W13	Vancouver Thunde	12:48.49
7	Dadson, Emmanuel	M13	Royal City Track	13:23.88

Mixed 14 Year Olds 4k Run CC

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Name	Age Team	Seed	Finals
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Points

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Results - Mixed 14 Year Olds

1	Riberio, Dawson	M14	Oceans Athletics	13:55.37
1	Willett, Olivia	W14	Burke Mountain R	15:05.97
2	Nobbs, Thomas	M14	Vancouver Olympi	14:15.99
2	Seidelmann, Lisa	W14	Oceans Athletics	15:47.44
3	Loewen, Sam	M14	Kajaks Track and	14:55.76
3	Chilton, Emily	W14	Royal City Track	16:16.92
4	Loewen, Nathan	M14	Kajaks Track and	15:01.56

4 Brodie, Bailey	W14 Kajaks Track and	19:43.28
5 Savage, Lynden	M14 Vancouver Thunde	15:20.77
6 Paetzel, Ben	M14 Lord Byng	15:21.62
7 Forsyth, Luke	M14 Oceans Athletics	15:40.53

Mixed 15 Year Olds 4k Run CC

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Name	Age Team	Seed	Finals
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Points

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Results - Mixed 15 Year Olds

1 Milic, Michael	M15 Oceans Athletics	12:52.73
1 Shellard, Kelsey	W15 Norwesters Track	16:31.19
2 McGovern, Dakota	M15 Norwesters Track	13:15.31
2 Boparai, Jolden	W15 Oceans Athletics	16:58.54
3 Kozelj, Joshua	M15 Coquitlam Cheeta	13:37.38
3 Louie, Natasha	W15 Burnaby Striders	17:29.44
4 Weltzin, Trevor	M15 Unattached	15:19.90
4 Ryder, Eva	W15 Kajaks Track and	17:54.60
5 Chow, Cheryl	W15 South Fraser Tra	18:04.85
6 Bowra, Olivia	W15 Langley Mustangs	20:01.38
7 Rosser, Olivia	W15 Kajaks Track and	20:33.26

Mixed 16-17 4k Run CC

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Name	Age Team	Seed	Finals
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Points

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Results - Mixed 16-17

1 Reta, Jamal	M16 New West Spartan	13:55.27
1 Laktionova, Anna	W17 Norwesters Track	16:30.48
2 Loewen, Jack	M17 Kajaks Track and	14:44.97
2 Boothroyd, Alexandra	W16 Vancouver Olympi	17:24.27
3 Makaroff, Leal	M16 Vancouver Olympi	15:06.58
3 Rudakov, Anita	W16 Kajaks Track and	18:56.12
4 Willett, Sam	M17 Burke Mountain R	16:09.54
4 Karlsson, Emma	W16 Kajaks Track and	23:40.76

Mixed 18-19 6k Run CC

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Name	Age Team	Seed	Finals
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Points

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Results - Mixed 18-19

1 Lapointe, Carsten	M18 Pacific Tri Work	13:25.27
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