

Canadian National X-Country Championships

Location: Vancouver, BC, CA

Date: November 24, 2012

JUNIOR WOMEN 5KM RESULTS

Place	No.	Name	Guntime	C	Club	Prov	Year	Ag
1	504	Jillian Forsey	17:21.44	Y	Stephenville Athletics Ru	NL	1995	17
2	346	Madeline Yungblut	17:23.96	Y	London Runner Distance Cl	ON	1994	18
3	601	Madeline Mcdonald	17:29.18	Y	University of Toronto Tra	ON	1994	18
4	602	Gabriela Stafford	17:31.45	Y	University of Toronto Tra	ON	1995	16
5	245	Frederique Latraverse	17:37.94	Y	CLUB ATHLETISME UNIVERSIT	QC	1993	19
6	560	Jackie Regan	17:39.68	Y		BC	1993	17
7	315	Megan Yuan	17:48.43	N	Lakehead Running	ON	1994	18
8	590	Madeleine Sumner	17:50.68	Y	University of Calgary Ath	AB	1998	13
9	503	Sarah Wismer	17:53.68	Y	Speed River TFC	ON	1996	16
10	496	Katherine Fleischer	17:54.69	Y		ON	1993	19
11	383	Natalia Hawthorn	17:54.69	Y	Newmarket Huskies Track C	ON	1995	17
12	431	Heather Jaros	17:56.43	Y	Physi-Kult Kingston	ON	1997	13
13	628	Kansas Mackenzie	17:59.19	Y	Vancouver Thunderbirds	BC	1994	18
14	462	Rachel Faulds	18:02.20	Y	Quinte Legion Track & Fie	ON	1995	15
15	205	Karley Rempel	18:04.21	Y	Aktiv Racing	ON	1993	19
16	313	Kala Stone	18:07.19	Y	Kamloops Track and Field	BC	1995	17
17	330	Jaimie Phelan	18:09.44	Y	Laurel Creek TFC	ON	1995	17
18	204	Bridget O'Neill	18:10.68	Y	Aktiv Racing	ON	1996	16
19	492	Katrina Nolan	18:11.95	Y	South Simcoe Dufferin T&F	ON	1993	19
20	309	Phoebe Cseresnyes	18:12.44	Y	Hamilton Olympic Club	ON	1995	16
21	461	Aurilla Wilson	18:14.20	Y	QUEEN CITY STRIDERS TRACK	SK	1997	13
22	225	Regan Yee	18:15.71	Y	BULKLEY VALLEY ATHLETIC S	BC	1995	17
23	581	Madison Laurin	18:16.68	Y	University of Calgary Ath	AB	1995	17
24	638	Meaghan Marton	18:17.69	Y	Windsor Legion Track & Fi	ON	1993	19
25	593	Emily Wagner	18:19.18	Y	University of Calgary Ath	AB	1997	15
26	395	Kate Stewart	18:21.19	Y	Newmarket Huskies Track C	ON	1998	14
27	637	Jazmine Martin	18:21.46	Y	Windsor Legion Track & Fi	ON	1995	17
28	641	Alexandra Moore	18:21.94	Y	Windsor Legion Track & Fi	ON	1994	18
29	411	Miryam Bassett	18:24.19	Y	Oceanside Track & Field C	BC	1996	14
30	651	Rebekah Sass	18:24.20	Y	WINNIPEG OPTIMIST ATHLETI	MB	1995	17
31	562	Emilyn Sim	18:25.46	Y		BC	1996	16
32	636	Olivia Little	18:25.69	Y	Windsor Legion Track & Fi	ON	1996	16
33	614	Callum Pilgrim	18:26.69	Y	Valley Royals Track & Fie	BC	1997	14
34	591	Claire Sumner	18:26.71	Y	University of Calgary Ath	AB	1995	17
35	206	Megan Rempel	18:26.71	Y	Aktiv Racing	ON	1996	15
36	359	Vanessa Trofimenkoff	18:27.96	Y	MAC Track (Macewan)	AB	1994	17
37	600	Kelly Hennessy	18:28.45	Y	University of Toronto Tra	ON	1994	18

38	491	Natalie McCormick	18:28.47	Y	South Simcoe Dufferin T&F	ON	1995	17
39	400	Heather Petrick	18:29.19	Y	Niagara Olympic Club	ON	1995	17
40	621	Katrina Allison	18:31.96	Y	Vancouver Thunderbirds	BC	1994	17
41	459	Sarah Slusar	18:32.21	Y	QUEEN CITY STRIDERS TRACK	SK	1996	14
42	312	Nicole Hutchinson	18:32.46	Y	Hershey Harriers Athletic	BC	1997	15
43	489	Georgia Hamilton	18:33.95	Y	South Simcoe Dufferin T&F	ON	1995	17
44	616	Alexandra Siemens	18:36.21	Y	Valley Royals Track & Fie	BC	1995	17
45	319	Marla Keyes	18:36.93	Y	Lakehead Running	ON	1995	17
46	226	Emma Bibault	18:37.44	Y	Calgary Spartans	AB	1994	18
47	377	Yulia Fedorov	18:37.93	Y	Newmarket Huskies Track C	ON	1996	15
48	364	Erica Deschiffart	18:38.70	Y	Nanaimo Track & Field Clu	BC	1996	16
49	598	Sarah Emilio	18:42.18	Y	University of Toronto Tra	ON	1993	19
50	412	Rebecca Bassett	18:42.22	Y	Oceanside Track & Field C	BC	1995	17
51	573	Emma Cook-Clarke	18:42.23	Y	University of Calgary Ath	AB	1993	17
52	603	Caleigh Bachop	18:42.46	Y	University of Victoria	BC	1995	16
53	572	Ellen Chappell	18:43.19	Y	University of Calgary Ath	AB	1993	19
54	384	Marianne Irish	18:43.21	Y	Newmarket Huskies Track C	ON	1995	17
55	511	Katerina Cirone	18:43.44	Y	Toronto Olympic Club	ON	1996	14
56	608	Brittany King	18:43.46	Y	University of Victoria	BC	1995	15
57	632	Brianne Bracci	18:47.43	Y	Windsor Legion Track & Fi	ON	1997	15
58	495	Heather Dimond	18:48.72	Y	Speed River TFC	ON	1993	19
59	501	Jordyn Visscher	18:50.94	Y	Speed River TFC	ON	1995	17
60	343	Stefanie Smith	18:50.96	Y	London Runner Distance Cl	ON	1994	18
61	399	Laura Korsmit	18:52.20	Y	Niagara Olympic Club	ON	1996	16
62	380	Jennika Gragtmans	18:52.94	Y	Newmarket Huskies Track C	ON	1996	14
63	543	Madelyn Brunt	18:54.20	N			1996	14
64	428	Nicole Armstrong	18:54.97	Y	Physi-Kult Kingston	ON	1996	16
65	493	Rebecca Rae	18:54.97	Y	South Simcoe Dufferin T&F	ON	1994	17
66	490	Kristie Lesage	18:59.44	Y	South Simcoe Dufferin T&F	ON	1993	17
67	387	Laura Park	19:01.95	Y	Newmarket Huskies Track C	ON	1997	14
68	273	Hayley Francois	19:04.44	Y	Edmonton Columbians	AB	1995	16
69	423	Michelle Krezonoski	19:04.71	Y		ON	1993	19
70	592	Laurin Thorne	19:06.18	Y	University of Calgary Ath	AB	1997	15
71	232	Adrienne Erdmann	19:07.69	Y	CALTAF ATHLETIC ASSOCIATI	AB	1994	18
72	565	Alicia Unruh	19:08.20	Y		BC	1997	14
73	457	Emma Balazs	19:08.45	Y	Prince George Track Club	BC	1995	17
74	485	Madeline Armstrong	19:09.21	Y	South Simcoe Dufferin T&F	ON	1996	15
75	390	Katie Phillips	19:09.96	Y	Newmarket Huskies Track C	ON	1995	17
76	307	Raquel Burgess	19:10.20	Y	GREATER UXBRIDGE ROAD RUN	ON	1994	17
77	526	Alison Smegal	19:10.68	Y	Toronto Olympic Club	ON	1995	15
78	409	Peggy Noel	19:11.68	Y	Ocean Athletics	BC	1994	17
79	249	Alexandra Ginther	19:12.69	Y	Coastal Track Club	BC	1995	17
80	633	Ashley Bracci	19:13.71	Y	Windsor Legion Track & Fi	ON	1994	18
81	339	Samantha Mcguinness	19:14.20	Y	London Runner Distance Cl	ON	1995	17
82	284	Jordanna Cota	19:16.21	Y	Elite Speed	AB	1995	16
83	529	Hilary Stone	19:16.93	Y	Toronto Olympic Club	ON	1994	16

84	231 Gillian Ceyhan	19:17.21	Y	CALTAF ATHLETIC ASSOCIATI	AB	1996	14
85	404 Desiree Brown	19:17.21	Y	Northwest Territories	NWT	1997	15
86	432 Adrienne Morgan	19:19.44	Y	Physi-Kult Kingston	ON	1995	15
87	656 Jamie Wigmore	19:21.18	Y	Wolves Athletics Club	AB	1993	17
88	337 Deanna Kerekes	19:22.22	Y	London Runner Distance Cl	ON	1995	17
89	482 Katie Robinson	19:23.19	Y	Saint John Track Club	NB	1995	16
90	506 Renee Maisonneuve	19:25.45	Y	Timmins Porcupine TFC	ON	1995	17
91	523 Katherine Lampard	19:27.70	Y	Toronto Olympic Club	ON	1995	16
92	594 Sasha Zarnke	19:31.43	Y	University of Calgary Ath	AB	1995	16
93	368 Nicole Kitt	19:34.70	Y	Neat	AB	1996	16
94	294 Brynn Latimer	19:35.68	Y	Excel Athletica	SK	1996	15
95	314 Kim Krezonoski	19:37.94	Y		ON	1993	19
96	363 Mikaela York	19:38.43	Y	N BATTLEFORD LEGION	SK	1994	17
97	201 Zoe Abbott-Tate	19:38.95	Y	Aktiv Racing	ON	1996	16
98	442 Kirsten Lee	19:39.69	Y	POINT GREY TRACK & FIELD	BC	1993	17
99	577 Katherine Girgulis	19:43.21	Y	University of Calgary Ath	AB	1995	16
100	578 Rebecca Gould	19:43.94	Y	University of Calgary Ath	AB	1993	18
101	357 Robyn Taylor	19:46.19	Y	MAC Track (Macewan)	AB	1994	16
102	202 Kayla Bevacqua	19:46.95	Y	Aktiv Racing	ON	1999	11
103	375 Carolyn Denault	19:48.95	Y	Newmarket Huskies Track C	ON	1995	16
104	566 Olivia Willett	19:48.97	Y		BC	1999	12
105	405 Julianna Neudorf	19:51.69	Y	Northwest Territories	NWT	1995	17
106	295 Morgyn Olmstead	19:52.20	Y	Excel Athletica	SK	1995	16
107	219 Alexandra Devries	19:56.93	Y	BRANTFORD T.F.C.	ON	1998	12
108	576 Anika Dirk	20:01.92	Y	University of Calgary Ath	AB	1995	15
109	582 Shannon Mcavoy	20:02.14	Y	University of Calgary Ath	AB	1993	19
110	644 Fiona Rocheleau	20:09.65	Y	Windsor Legion Track & Fi	ON	1997	15
111	299 Jesse Van Eaton	20:09.65	Y	Excel Athletica	SK	1995	17
112	650 Tarina Ready	20:11.15	Y	WINNIPEG OPTIMIST ATHLETI	MB	1996	14
113	653 Taylor Sprague	20:12.66	Y	WINNIPEG OPTIMIST ATHLETI	MB	1994	17
114	406 Alea Stockton	20:14.67	Y	Northwest Territories	NWT	1994	18
115	354 Lesley Koopman	20:17.39	Y	MAC Track (Macewan)	AB	1994	17
116	378 Nicole Fiorini	20:18.91	Y	Newmarket Huskies Track C	ON	1995	16
117	547 Sefrah Daviduck	20:20.88	Y		AB	1995	17
118	613 Jennifer Kell	20:31.40	Y	Valley Royals Track & Fie	BC	1997	15
119	296 Erin Strueby	20:33.39	Y	Excel Athletica	SK	1995	15
120	274 Freya Hik	20:33.89	Y	Edmonton Harriers	AB	1995	15
121	416 Veronika Fagan	20:40.14	Y	OKANAGAN ATHLETICS CLUB	BC	1997	14
122	654 Danae Keddie	20:40.39	Y	Wolves Athletics Club	AB	1997	13
123	305 Kayla Hardy	20:43.39	Y	GPRC Wolves Athletic Club	AB	1993	18
124	615 Sarya Ross	20:56.65	Y	Valley Royals Track & Fie	BC	1996	16
125	417 Shola Fashanu	21:01.64	Y	OKANAGAN ATHLETICS CLUB	BC	1998	14
126	418 Cassie Laturnus	21:08.88	Y	OKANAGAN ATHLETICS CLUB	BC	1997	13
127	259 Erina Cho	21:10.90	Y	Coquitlam Cheetahs	BC	1994	17
128	663 Heather Van Tassel	21:16.39	Y		BC	1993	19
129	552 Etta Degnan	21:19.91	Y		BC	1994	17

130	648	Carlyne Millns	21:21.40	Y	WINNIPEG OPTIMIST ATHLETI	MB	1995	17
131	652	Lindsay Smith	21:23.17	Y	WINNIPEG OPTIMIST ATHLETI	MB	1994	17
132	261	Dana Townsend	21:41.89	Y	Coquitlam Cheetahs	BC	1995	17
133	635	Amanda Jubenville	21:50.66	Y	Windsor Legion Track & Fi	ON	1995	17
134	287	Alexandra Johnson	22:08.40	Y	Elite Speed	AB	1995	16
135	275	Felicity Hik	22:15.15	Y	Edmonton Harriers	AB	1999	12
136	218	Cozette Collin	23:53.89	Y	BRANTFORD T.F.C.	ON	1995	16

JUNIOR WOMEN CLUB RESULTS

1.	42	University of Calgary Ath	(18:13.31	1:12:53.25	0:36.03)
1	4	Madeleine Sumner	17:50.68		
2	9	Madison Laurin	18:16.68		
3	11	Emily Wagner	18:19.18		
4	18	Claire Sumner	18:26.71		
5	(26)	Emma Cook-Clarke	18:42.23		
6	(27)	Ellen Chappell	18:43.19		
7	(36)	Laurin Thorne	19:06.18		
2.	50	University of Toronto Tra	(18:02.81	1:12:11.26	1:13.00)
1	2	Madeline Mcdonald	17:29.18		
2	3	Gabriela Stafford	17:31.45		
3	20	Kelly Hennessy	18:28.45		
4	25	Sarah Emilio	18:42.18		
3.	53	Windsor Legion Track & Fi	(18:21.69	1:13:26.78	0:08.00)
1	10	Meaghan Marton	18:17.69		
2	13	Jazmine Martin	18:21.46		
3	14	Alexandra Moore	18:21.94		
4	16	Olivia Little	18:25.69		
5	(30)	Brianne Bracci	18:47.43		
6	(40)	Ashley Bracci	19:13.71		
7	(49)	Fiona Rocheleau	20:09.65		
4.	69	Newmarket Huskies Track C	(18:24.25	1:13:37.02	0:48.52)
1	5	Natalia Hawthorn	17:54.69		
2	12	Kate Stewart	18:21.19		
3	24	Yulia Fedorov	18:37.93		
4	28	Marianne Irish	18:43.21		
5	(32)	Jennika Gragtmans	18:52.94		
6	(35)	Laura Park	19:01.95		

7	(38)	Katie Phillips	19:09.96		
5.	78	Aktiv Racing	(18:35.13	1:14:20.55	1:34.74)
=====					
1	6	Karley Rempel	18:04.21		
2	7	Bridget O'Neill	18:10.68		
3	19	Megan Rempel	18:26.71		
4	46	Zoe Abbott-Tate	19:38.95		
5	(47)	Kayla Bevacqua	19:46.95		
6.	84	South Simcoe Dufferin T&F	(18:32.33	1:14:09.34	0:43.02)
=====					
1	8	Katrina Nolan	18:11.95		
2	21	Natalie McCormick	18:28.47		
3	22	Georgia Hamilton	18:33.95		
4	33	Rebecca Rae	18:54.97		
5	(34)	Kristie Lesage	18:59.44		
6	(37)	Madeline Armstrong	19:09.21		
7.	116	London Runner Distance Cl	(18:42.83	1:14:51.34	1:58.26)
=====					
1	1	Madeline Yungblut	17:23.96		
2	31	Stefanie Smith	18:50.96		
3	41	Samantha Mcguinness	19:14.20		
4	43	Deanna Kerekes	19:22.22		
8.	148	Valley Royals Track & Fie	(19:37.73	1:18:30.95	2:29.96)
=====					
1	17	Callum Pilgrim	18:26.69		
2	23	Alexandra Siemens	18:36.21		
3	53	Jennifer Kell	20:31.40		
4	55	Sarya Ross	20:56.65		
9.	154	Toronto Olympic Club	(19:09.68	1:16:38.75	0:44.26)
=====					
1	29	Katerina Cirone	18:43.44		
2	39	Alison Smegal	19:10.68		
3	42	Hilary Stone	19:16.93		
4	44	Katherine Lampard	19:27.70		
10.	174	WINNIPEG OPTIMIST ATHLETI	(20:02.35	1:20:09.41	2:57.20)
=====					
1	15	Rebekah Sass	18:24.20		
2	51	Tarina Ready	20:11.15		
3	52	Taylor Sprague	20:12.66		
4	56	Carlyne Millns	21:21.40		

5	(57)	Lindsay Smith	21:23.17
11.	197	Excel Athletica	(20:02.73 1:20:10.92 0:57.71)
=====			
1	45	Brynn Latimer	19:35.68
2	48	Morgyn Olmstead	19:52.20
3	50	Jesse Van Eaton	20:09.65
4	54	Erin Strueby	20:33.39

JUNIOR WOMEN PROVINCIAL TEAMS SCORES

1.	23	Team BC	(18:26.89 1:13:47.56 0:31.51)
=====			
1	1	Kala Stone	18:07.19
2	4	Emilyn Sim	18:25.46
3	8	Alexandra Siemens	18:36.21
4	10	Erica Deschiffart	18:38.70
5	(11)	Rebecca Bassett	18:42.22
6	(15)	Emma Balazs	19:08.45
2.	32	Team Alberta A	(18:33.58 1:14:14.34 0:15.52)
=====			
1	5	Claire Sumner	18:26.71
2	6	Vanessa Trofimenkoff	18:27.96
3	9	Emma Bibault	18:37.44
4	12	Emma Cook-Clarke	18:42.23
5	(13)	Ellen Chappell	18:43.19
3.	46	Saskatchewan	(19:00.13 1:16:00.52 1:24.23)
=====			
1	2	Aurilla Wilson	18:14.20
2	7	Sarah Slusar	18:32.21
3	18	Brynn Latimer	19:35.68
4	19	Mikaela York	19:38.43
5	(21)	Morgyn Olmstead	19:52.20
6	(23)	Jesse Van Eaton	20:09.65
4.	50	Team Alberta B	(18:59.87 1:15:59.51 1:04.50)
=====			
1	3	Madison Laurin	18:16.68
2	14	Hayley Francois	19:04.44
3	16	Gillian Ceyhan	19:17.21
4	17	Jamie Wigmore	19:21.18
5	(20)	Robyn Taylor	19:46.19
6	(22)	Shannon Mcavoy	20:02.14

JUNIOR MEN'S 8KM

Place	No.	Name	Guntime	C	Club	Prov	Year	Ag
1	371	Dylan Brown	24:32.38	Y	Newmarket Huskies Track C	ON	1993	19
2	533	Ben Flanagan	24:38.40	Y	Tri City Track Club	ON	1995	17
3	645	Ryan Sleiman	24:50.88	Y	Windsor Legion Track & Fi	ON	1995	17
4	208	Mike Tate	24:52.90	Y	Antigonish Track Club	NS	1995	17
5	401	Troy Smith	24:53.39	Y	Niagara Olympic Club	ON	1995	17
6	631	Brandon Allen	24:56.63	Y	Windsor Legion Track & Fi	ON	1995	17
7	626	Christian Gravel	24:59.63	Y	Vancouver Thunderbirds	BC	1994	18
8	402	Graham Hansel	25:07.13	Y	North Bay Legion	ON	1995	17
9	531	Samuel Baxter	25:08.89	Y	Tri City Track Club	ON	1994	18
10	499	Ben Preisner	25:09.15	Y	Speed River TFC	ON	1996	16
11	267	Jeremy Coughler	25:15.39	Y	Durham Dragons Athletics	ON	1995	17
12	612	Ben Weir	25:21.14	Y	University of Victoria	BC	1995	16
13	365	Joel Deschiffart	25:21.63	Y	Nanaimo Track & Field Clu	BC	1994	18
14	623	William Cliff	25:25.63	Y	Vancouver Thunderbirds	BC	1993	19
15	332	St Phan St-Martin	25:27.64	Y	LE COUREUR NORDIQUE	QC	1994	18
16	481	Matthew Mcneil	25:32.63	Y	Saint John Track Club	NB	1993	18
17	528	Matthew Stephenson	25:37.63	Y	Toronto Olympic Club	ON	1995	17
18	248	Timothy Delcourt	25:38.63	Y	Coastal Track Club	BC	1994	18
19	256	Bilal Shamsi	25:40.63	Y	Coastal Track Club	BC	1993	19
20	264	David Cashin	25:43.38	Y	Coureur de Bois	ON	1993	19
21	289	Kieran Mcdonald	25:47.63	Y	Elite Speed	AB	1994	17
22	429	Nick Belore	25:47.64	Y	Physi-Kult Kingston	ON	1995	17
23	649	Levi Neufeld	25:48.64	Y	WINNIPEG OPTIMIST ATHLETI	MB	1994	18
24	269	Brandon Kirkup	25:51.63	Y	Durham Dragons Athletics	ON	1994	18
25	246	Nicolas Morin	25:55.88	Y	CLUB ATHLETISME UNIVERSIT	QC	1994	18
26	410	Jack Williams	25:56.89	Y	Ocean Athletics	BC	1993	19
27	239	Brandon Thomas	25:57.63	Y	Cambridge Harriers	ON	1996	16
28	587	Russell Pennock	25:58.39	Y	University of Calgary Ath	AB	1995	17
29	639	Miles Matthews	26:01.64	Y	Windsor Legion Track & Fi	ON	1997	15
30	646	Brendan Wallace	26:02.39	Y	Windsor Legion Track & Fi	ON	1997	15
31	286	Matthew Hope	26:05.37	Y	Elite Speed	AB	1995	17
32	446	Devin Rajala	26:05.88	Y	POINT GREY TRACK & FIELD	BC	1993	19
33	606	Thomas Getty	26:05.89	Y	University of Victoria	BC	1995	17
34	235	Matthew Galea	26:06.40	Y	CALTAF ATHLETIC ASSOCIATI	AB	1993	19
35	316	Dominique Aulagnon	26:07.89	Y	Lakehead Running	ON	1993	19
36	216	Lee Wesselius	26:09.39	Y	Athl tisme Sud-est/South	NB	1994	18
37	486	Luke Charbonneau	26:10.39	Y	South Simcoe Dufferin T&F	ON	1994	18
38	220	Riley Malcolm	26:10.64	Y	BRANTFORD T.F.C.	ON	1995	16
39	393	Keaton Smee	26:10.89	Y	Newmarket Huskies Track C	ON	1996	16
40	484	Shawn Master	26:11.39	Y	Sarnia Athletics Southwes	ON	1994	18

41	465	Robert Bigsby	26:13.13	Y	Riversdale Athleactics Clu	SK	1994	18
42	408	Jake Bruchet	26:15.38	Y	Ocean Athletics	BC	1993	19
43	321	Mason Quarrell	26:16.38	Y	Lakehead Running	ON	1995	17
44	640	Reid Mitchell	26:17.64	Y	Windsor Legion Track & Fi	ON	1993	19
45	251	Jesse Hooton	26:18.88	Y	Coastal Track Club	BC	1995	17
46	494	Logan Chappell	26:19.14	Y	Speed River TFC	ON	1994	18
47	643	Alexander Rocheleau	26:21.89	Y	Windsor Legion Track & Fi	ON	1995	17
48	320	Nick Kondrat	26:23.16	Y	Lakehead Running	ON	1995	17
49	537	Cael Wishart	26:26.90	Y	Tri City Track Club	ON	1995	17
50	536	Gavin Shields	26:27.16	Y	Tri City Track Club	ON	1994	18
51	430	Jacob Cameron	26:28.14	Y	Physi-Kult Kingston	ON	1993	19
52	297	Adam Strueby	26:28.14	Y	Excel Athletica	SK	1994	18
53	622	Braeden Charlton	26:29.88	Y	Vancouver Thunderbirds	BC	1995	17
54	262	Lawrence Viola	26:30.15	Y	Coquitlam Cheetahs	BC	1994	18
55	355	William Madsen	26:32.38	Y	MAC Track (Macewan)	AB	1994	18
56	397	Tyler White	26:32.64	Y	Newmarket Huskies Track C	ON	1994	18
57	345	Christopher Taylor	26:33.39	Y	London Runner Distance Cl	ON	1994	18
58	276	Cole Peterson	26:33.88	Y	Edmonton Harriers	AB	1993	19
59	341	Shane Roberts	26:35.64	Y	London Runner Distance Cl	ON	1994	18
60	318	Kenny Groop	26:35.88	Y	Lakehead Running	ON	1994	18
61	627	Trevor A. Knechtel	26:36.14	Y	Vancouver Thunderbirds	BC	1995	17
62	288	Eric Lutz	26:36.39	Y	Elite Speed	AB	1998	14
63	514	Isaac Dobos	26:36.39	Y	Toronto Olympic Club	ON	1996	16
64	396	Matthew Viveiros	26:38.16	Y	Newmarket Huskies Track C	ON	1995	17
65	270	Chris Moyer	26:39.16	Y	Durham Dragons Athletics	ON	1994	18
66	304	Nathan S. Wadhvani	26:39.64	Y	Golden Ears Athletics	BC	1996	16
67	524	Riley Olesky	26:41.14	Y	Toronto Olympic Club	ON	1994	18
68	487	Matthew Druken	26:41.89	Y	South Simcoe Dufferin T&F	ON	1994	18
69	237	Alexander James	26:44.15	Y	CALTAF ATHLETIC ASSOCIATI	AB	1996	16
70	488	Jack Finlayson	26:48.13	Y	South Simcoe Dufferin T&F	ON	1995	17
71	500	Liam Stiles	26:49.63	Y	Speed River TFC	ON	1995	17
72	379	Alexander Freemantle	26:50.64	Y	Newmarket Huskies Track C	ON	1995	17
73	376	Robbie Elmhirst	26:51.14	Y	Newmarket Huskies Track C	ON	1996	16
74	426	Matt Noseworthy	26:52.14	Y	Pearlgate T&F Club	NL	1995	17
75	520	Zac Johnson	26:53.13	Y	Toronto Olympic Club	ON	1996	16
76	559	Cameron L. Proceviat	26:53.88	Y		BC	1993	19
77	306	Hayden Hollowell	26:56.14	Y	GPRC Wolves Athletic Club	AB	1994	18
78	579	Roman Justinen	26:58.13	Y	University of Calgary Ath	AB	1994	18
79	272	Matthew Wieser	26:58.89	Y	Durham Dragons Athletics	ON	1995	17
80	634	Skylar Edwards	27:01.15	Y	Windsor Legion Track & Fi	ON	1996	16
81	517	Alan Hetherington	27:04.13	Y	Toronto Olympic Club	ON	1995	17
82	326	Scott Buttinger	27:05.38	Y	Laurel Creek TFC	ON	1994	17
83	302	Ephraim Tadesse	27:09.65	Y	Golden Ears Athletics	BC	1995	17
84	386	Marco Papania	27:10.63	Y	Newmarket Huskies Track C	ON	1994	18
85	338	William Litchfield	27:11.14	Y	London Runner Distance Cl	ON	1995	17
86	385	Liam Lees	27:11.39	Y	Newmarket Huskies Track C	ON	1995	17

87	263	Brendan Wong	27:11.64	Y	Coquitlam Cheetahs	BC	1994	18
88	356	Tanner Onciul	27:12.39	Y	MAC Track (Macewan)	AB	1994	18
89	425	Mickey Day	27:16.88	Y	Ottawa Lions Track and Fi	ON	1995	17
90	285	Mitchell Dore	27:18.63	Y	Elite Speed	AB	1995	16
91	247	Michael Abraha	27:21.38	N	Coastal Track Club	BC	1995	17
92	530	Ian Tramble	27:22.90	Y	Toronto Olympic Club	ON	1995	16
93	629	Matthew So	27:23.15	Y	Vancouver Thunderbirds	BC	1995	17
94	221	Tyler Moore	27:23.90	Y	BRANTFORD T.F.C.	ON	1997	15
95	328	Reid Hayes	27:25.14	Y	Laurel Creek TFC	ON	1994	18
96	228	Stephen Payne	27:26.38	Y	Calgary Spartans	AB	1995	17
97	265	Travis Fraser	27:26.64	Y	DOUGLAS COLLEGE RUNNING C	BC	1993	19
98	207	Grant Wignall	27:27.89	Y	Aktiv Racing	ON	1994	18
99	234	Sean Foster	27:28.63	Y	CALTAF ATHLETIC ASSOCIATI	AB	1994	18
100	413	Peter Oxland	27:30.88	Y	Oceanside Track & Field C	BC	1996	15
101	642	Matthew Pardo	27:31.39	Y	Windsor Legion Track & Fi	ON	1997	15
102	203	Alex Delle Monache	27:33.63	Y	Aktiv Racing	ON	1995	17
103	414	Thomas Oxland	27:37.11	Y	Oceanside Track & Field C	BC	1996	15
104	508	James Lorenzen	27:40.37	Y	TISDALE TRACK & FIELD CLU	SK	1996	16
105	223	Tyler Vanleeuwen	27:40.37	Y	BRANTFORD T.F.C.	ON	1994	18
106	394	Joey Stel	27:41.12	Y	Newmarket Huskies Track C	ON	1996	16
107	325	Riley Alvarez	27:41.39	Y	Laurel Creek TFC	ON	1996	16
108	658	Evan A. Hall	27:43.38	Y	Kamloops Track and Field	BC	1993	19
109	588	John Pexman	27:44.36	Y	University of Calgary Ath	AB	1994	18
110	574	Stefan Daniel	27:48.13	Y	University of Calgary Ath	AB	1997	15
111	293	Nickolas Endicott	27:50.11	Y	Excel Athletica	SK	1996	16
112	290	Jake Carroll	27:51.61	Y	Etobicoke Track & Field C	ON	1996	16
113	352	Eric Chan	27:53.61	Y	MAC Track (Macewan)	AB	1996	16
114	389	Kyle Penney	27:55.86	Y	Newmarket Huskies Track C	ON	1994	18
115	238	Brennan Undseth	27:59.37	Y	CALTAF ATHLETIC ASSOCIATI	AB	1996	16
116	535	Mark Schmidt	28:00.12	Y	Tri City Track Club	ON	1996	16
117	298	Marc Turmel	28:01.12	Y	Excel Athletica	SK	1995	17
118	308	Tyler Landry	28:05.87	Y	Halifast Athletics	NS	1995	17
119	268	Zack Jones	28:05.89	Y	Durham Dragons Athletics	ON	1994	18
120	254	Stuart Mcdonald	28:06.61	Y	Coastal Track Club	BC	1995	17
121	655	Joren Manz	28:07.36	Y	Wolves Athletics Club	AB	1994	18
122	458	Matthew Johnson	28:07.86	Y	QUEEN CITY STRIDERS TRACK	SK	1997	15
123	283	Adrian Christ	28:08.14	Y	Elite Speed	AB	1994	18
124	317	Ben Belluz	28:08.37	Y	Lakehead Running	ON	1993	19
125	367	Sean Miller	28:08.38	Y	Nanaimo Track & Field Clu	BC	1996	15
126	240	Philip Messina	28:12.87	Y	Centro Scuola Track & Fie	ON	1995	17
127	583	Graeme Mcconnell	28:13.86	Y	University of Calgary Ath	AB	1994	18
128	250	Nathan Goodwin	28:17.87	Y	Coastal Track Club	BC	1994	18
129	353	Adam Epp	28:18.36	Y	MAC Track (Macewan)	AB	1994	18
130	415	Sean Bergman	28:24.61	Y	OKANAGAN ATHLETICS CLUB	BC	1998	14
131	532	Kieran Doherty	28:25.13	Y	Tri City Track Club	ON	1995	17
132	558	Nicholas Mottl	28:30.36	Y		BC	1995	17

133	300	Alex Mcallister	28:50.37	Y	Fast Tracks	NB	1995	17
134	324	Adam C. Marshall	28:50.88	Y	Langley Mustangs	BC	1995	17
135	427	Layne Richardson	29:01.63	Y	Penticton Athletics	BC	1994	18
136	647	Mathieu Desmarais	29:02.38	Y	WINNIPEG OPTIMIST ATHLETI	MB	1995	17
137	350	Brett Buerger	29:09.14	Y	MAC Track (Macewan)	AB	1993	19
138	419	Adam Murray	29:10.13	Y	OKANAGAN ATHLETICS CLUB	BC	1997	15
139	370	Michael Bourgeois	29:11.36	Y	Newmarket Huskies Track C	ON	1993	19
140	657	Noah Mulzet	29:15.36	Y	Elite Speed	AB	1997	15
141	222	Austin Solak	29:28.13	Y	BRANTFORD T.F.C.	ON	1996	16
142	310	Immanuel Ertzinger	29:49.87	Y	Hershey Harriers Athletic	BC	1996	16
143	327	Matthew Duschene	30:20.37	Y	Laurel Creek TFC	ON	1995	17
144	349	Cody Anderson	30:30.62	Y	MAC Track (Macewan)	AB	1996	16
145	466	Alex Senger	32:24.62	Y	Riversdale Athleactics Clu	SK	1995	17

JUNIOR MEN'S CLUB TEAM

1.	7	Windsor Legion Track & Fi	(24:53.75	49:47.51	0:05.75)
=====					
1	3	Ryan Sleiman	24:50.88		
2	4	Brandon Allen	24:56.63		
3	(21)	Miles Matthews	26:01.64		
4	(22)	Brendan Wallace	26:02.39		
5	(33)	Reid Mitchell	26:17.64		
6	(36)	Alexander Rocheleau	26:21.89		
7	(65)	Skylar Edwards	27:01.15		
2.	8	Tri City Track Club	(24:53.64	49:47.29	0:30.49)
=====					
1	2	Ben Flanagan	24:38.40		
2	6	Samuel Baxter	25:08.89		
3	(38)	Cael Wishart	26:26.90		
4	(39)	Gavin Shields	26:27.16		
5	(91)	Mark Schmidt	28:00.12		
6	(102)	Kieran Doherty	28:25.13		
3.	16	Vancouver Thunderbirds	(25:12.63	50:25.26	0:26.00)
=====					
1	5	Christian Gravel	24:59.63		
2	11	William Cliff	25:25.63		
3	(42)	Braeden Charlton	26:29.88		
4	(49)	Trevor A. Knechtel	26:36.14		
5	(76)	Matthew So	27:23.15		
4.	26	Durham Dragons Athletics	(25:33.51	51:07.02	0:36.24)
=====					
1	8	Jeremy Coughler	25:15.39		

2	18	Brandon Kirkup	25:51.63		
3	(53)	Chris Moyer	26:39.16		
4	(64)	Matthew Wieser	26:58.89		
5	(93)	Zack Jones	28:05.89		
=====					
5.	27	Coastal Track Club	(25:39.63	51:19.26	0:02.00)
=====					
1	13	Timothy Delcourt	25:38.63		
2	14	Bilal Shamsi	25:40.63		
3	(34)	Jesse Hooton	26:18.88		
4	(74)	Michael Abraha	27:21.38		
5	(94)	Stuart Mcdonald	28:06.61		
6	(99)	Nathan Goodwin	28:17.87		
=====					
6.	30	Newmarket Huskies Track C	(25:21.63	50:43.27	1:38.51)
=====					
1	1	Dylan Brown	24:32.38		
2	29	Keaton Smee	26:10.89		
3	(45)	Tyler White	26:32.64		
4	(52)	Matthew Viveiros	26:38.16		
5	(60)	Alexander Freemantle	26:50.64		
6	(61)	Robbie Elmhirst	26:51.14		
7	(69)	Marco Papania	27:10.63		
=====					
7.	33	University of Victoria	(25:43.51	51:27.03	0:44.75)
=====					
1	9	Ben Weir	25:21.14		
2	24	Thomas Getty	26:05.89		
=====					
8.	38	Elite Speed	(25:56.50	51:53.00	0:17.74)
=====					
1	15	Kieran Mcdonald	25:47.63		
2	23	Matthew Hope	26:05.37		
3	(50)	Eric Lutz	26:36.39		
4	(73)	Mitchell Dore	27:18.63		
5	(95)	Adrian Christ	28:08.14		
6	(106)	Noah Mulzet	29:15.36		
=====					
9.	42	Speed River TFC	(25:44.14	51:28.29	1:09.99)
=====					
1	7	Ben Preisner	25:09.15		
2	35	Logan Chappell	26:19.14		
3	(59)	Liam Stiles	26:49.63		
=====					
10.	50	Ocean Athletics	(26:06.13	52:12.27	0:18.49)
=====					

1	19	Jack Williams	25:56.89		
2	31	Jake Bruchet	26:15.38		
11.	56	Physi-Kult Kingston	(26:07.89	52:15.78	0:40.50)
=====					
1	16	Nick Belore	25:47.64		
2	40	Jacob Cameron	26:28.14		
12.	58	Lakehead Running	(26:12.13	52:24.27	0:08.49)
=====					
1	26	Dominique Aulagnon	26:07.89		
2	32	Mason Quarrell	26:16.38		
3	(37)	Nick Kondrat	26:23.16		
4	(48)	Kenny Groop	26:35.88		
5	(96)	Ben Belluz	28:08.37		
13.	63	Toronto Olympic Club	(26:07.01	52:14.02	0:58.76)
=====					
1	12	Matthew Stephenson	25:37.63		
2	51	Isaac Dobos	26:36.39		
3	(55)	Riley Olesky	26:41.14		
4	(62)	Zac Johnson	26:53.13		
5	(66)	Alan Hetherington	27:04.13		
6	(75)	Ian Tramble	27:22.90		
14.	82	CALTAF ATHLETIC ASSOCIATI	(26:25.27	52:50.55	0:37.75)
=====					
1	25	Matthew Galea	26:06.40		
2	57	Alexander James	26:44.15		
3	(80)	Sean Foster	27:28.63		
4	(90)	Brennan Undseth	27:59.37		
15.	83	University of Calgary Ath	(26:28.26	52:56.52	0:59.74)
=====					
1	20	Russell Pennock	25:58.39		
2	63	Roman Justinen	26:58.13		
3	(86)	John Pexman	27:44.36		
4	(87)	Stefan Daniel	27:48.13		
5	(98)	Graeme Mcconnell	28:13.86		
15.	83	South Simcoe Dufferin T&F	(26:26.14	52:52.28	0:31.50)
=====					
1	27	Luke Charbonneau	26:10.39		
2	56	Matthew Druken	26:41.89		
3	(58)	Jack Finlayson	26:48.13		

17.	93	London Runner Distance Cl	(26:34.51	53:09.03	0:02.25)
1	46	Christopher Taylor	26:33.39		
2	47	Shane Roberts	26:35.64		
3	(70)	William Litchfield	27:11.14		
18.	105	BRANTFORD T.F.C.	(26:47.27	53:34.54	1:13.26)
1	28	Riley Malcolm	26:10.64		
2	77	Tyler Moore	27:23.90		
3	(84)	Tyler Vanleeuwen	27:40.37		
4	(107)	Austin Solak	29:28.13		
19.	107	Nanaimo Track & Field Clu	(26:45.00	53:30.01	2:46.75)
1	10	Joel Deschiffart	25:21.63		
2	97	Sean Miller	28:08.38		
20.	114	Coquitlam Cheetahs	(26:50.89	53:41.79	0:41.49)
1	43	Lawrence Viola	26:30.15		
2	71	Brendan Wong	27:11.64		
21.	116	MAC Track (Macewan)	(26:52.38	53:44.77	0:40.01)
1	44	William Madsen	26:32.38		
2	72	Tanner Onciul	27:12.39		
3	(89)	Eric Chan	27:53.61		
4	(100)	Adam Epp	28:18.36		
5	(104)	Brett Buerger	29:09.14		
6	(109)	Cody Anderson	30:30.62		
22.	120	WINNIPEG OPTIMIST ATHLETI	(27:25.51	54:51.02	3:13.74)
1	17	Levi Neufeld	25:48.64		
2	103	Mathieu Desmarais	29:02.38		
23.	122	Golden Ears Athletics	(26:54.64	53:49.29	0:30.01)
1	54	Nathan S. Wadhwani	26:39.64		
2	68	Ephraim Tadesse	27:09.65		
24.	129	Excel Athletica	(27:09.12	54:18.25	1:21.97)
1	41	Adam Strueby	26:28.14		
2	88	Nickolas Endicott	27:50.11		

3	(92)	Marc Turmel	28:01.12		
25.	140	Riversdale Athletics Clu	(29:18.87	58:37.75	6:11.49)
1	30	Robert Bigsby	26:13.13		
2	110	Alex Senger	32:24.62		
26.	145	Laurel Creek TFC	(27:15.26	54:30.52	0:19.76)
1	67	Scott Buttinger	27:05.38		
2	78	Reid Hayes	27:25.14		
3	(85)	Riley Alvarez	27:41.39		
4	(108)	Matthew Duschene	30:20.37		
27.	161	Aktiv Racing	(27:30.76	55:01.52	0:05.74)
1	79	Grant Wignall	27:27.89		
2	82	Alex Delle Monache	27:33.63		
28.	164	Oceanside Track & Field C	(27:33.99	55:07.99	0:06.23)
1	81	Peter Oxland	27:30.88		
2	83	Thomas Oxland	27:37.11		
29.	206	OKANAGAN ATHLETICS CLUB	(28:47.37	57:34.74	0:45.52)
1	101	Sean Bergman	28:24.61		
2	105	Adam Murray	29:10.13		

JUNIOR MEN PROVINCIAL TEAM SCORES

1.	30	Team Atlantic	(25:51.76	1:43:27.06	1:59.24)
1	1	Mike Tate	24:52.90		
2	3	Matthew Mcneil	25:32.63		
3	11	Lee Wesselius	26:09.39		
4	15	Matt Noseworthy	26:52.14		
5	(26)	Tyler Landry	28:05.87		
6	(28)	Alex Mcallister	28:50.37		
2.	34	Team BC	(26:08.19	1:44:32.78	2:05.01)
1	2	Joel Deschiffart	25:21.63		
2	4	Timothy Delcourt	25:38.63		
3	9	Devin Rajala	26:05.88		

4	19	Travis Fraser	27:26.64
5	(27)	Nathan Goodwin	28:17.87
6	(29)	Layne Richardson	29:01.63

3. 35 Team Alberta A (26:07.94 1:44:31.78 0:44.75)

1	5	Kieran Mcdonald	25:47.63
2	8	Matthew Hope	26:05.37
3	10	Matthew Galea	26:06.40
4	12	William Madsen	26:32.38
5	(13)	Cole Peterson	26:33.88
6	(17)	Roman Justinen	26:58.13

4. 55 Team Alberta B (26:46.26 1:47:05.06 1:27.99)

1	7	Russell Pennock	25:58.39
2	14	Alexander James	26:44.15
3	16	Hayden Hollowell	26:56.14
4	18	Stephen Payne	27:26.38
5	(23)	Eric Chan	27:53.61

5. 80 Prairie Team (27:34.75 1:50:19.02 3:13.74)

1	6	Levi Neufeld	25:48.64
2	20	Sean Foster	27:28.63
3	24	Brennan Undseth	27:59.37
4	30	Mathieu Desmarais	29:02.38

6. 99 Saskatchewan B (28:59.05 1:55:56.22 4:44.25)

1	21	James Lorenzen	27:40.37
2	22	Nickolas Endicott	27:50.11
3	25	Marc Turmel	28:01.12
4	31	Alex Senger	32:24.62

SENIOR WOMEN 7KM

Place	No.	Name	Guntime	C	Club	Prov	Year	Ag
1	210	Megan Brown	23:05.33	Y	Athletics Toronto	ON	1985	27
2	214	Kate Harrison	23:12.33	Y	Athletics Toronto	ON	1989	23
3	452	Natasha Fraser	23:21.83	Y	Prairie Inn Harriers Raci	BC	1981	31
4	624	Rachel Cliff	23:25.33	Y	Vancouver Thunderbirds	BC	1988	24
5	215	Kate Van Buskirk	23:32.83	Y	Athletics Toronto	ON	1987	25
6	510	Lucy Njeri	23:45.83	N	Toronto Olympic Club	ON	1978	34

7	544	Allix Potratz-Lee	23:54.83	N			1986	26
8	538	Fiona Benson	24:07.34	Y	Trinity Western University	BC	1992	20
9	599	Rachel Hannah	24:15.58	Y	University of Toronto Tra	ON	1986	26
10	212	Lindsay Carson	24:16.58	Y	Athletics Toronto	ON	1989	23
11	229	Maria Bernard	24:20.94	Y	Calgary Warriors	AB	1993	19
12	497	Genevi Ve Lalonde	24:24.10	Y	O2	NB	1991	21
13	586	Jessica O'connell	24:25.59	Y	University of Calgary Ath	AB	1989	23
14	421	Stephanie Aldea	24:39.08	Y		ON	1990	22
15	617	Jessica L. Smith	24:49.57	Y	Valley Royals Track & Fie	BC	1989	23
16	227	Lisa Harvey	24:52.57	Y	Calgary Spartans	AB	1970	42
17	611	Brittany R. Therrien	24:53.83	Y	University of Victoria	BC	1990	22
18	625	Erica M. Digby	24:54.09	Y	Vancouver Thunderbirds	BC	1989	23
19	474	Ashley Hinthier	24:54.59	Y	Running Room Athletic Clu	SK	1984	28
20	454	Lucy Smith	24:56.08	Y	Prairie Inn Harriers Raci	BC	1967	45
21	360	Meggan Franks	25:02.57	Y	Montreal Endurance	QC	1983	29
22	539	Alison Jackson	25:06.32	Y	Trinity Western University	BC	1988	23
23	463	Jodi Sanguin	25:12.83	Y	Red Deer College	AB	1989	23
24	448	Sabrina S. Wilkie	25:18.58	Y	POINT GREY TRACK & FIELD	BC	1985	27
25	550	Deborah Buhlers	25:20.57	Y		BC	1974	37
26	469	Shari Boyle	25:22.57	Y	Running Room Athletic Clu	AB	1973	38
27	519	Liza Howard	25:23.57	Y	Toronto Olympic Club	ON	1988	24
28	580	Grace Kary	25:25.83	Y	University of Calgary Ath	AB	1991	21
29	620	Anne-Marie Madden	25:34.57	Y	Vancouver Falcons Athleti	BC	1980	32
30	477	Tara Struyk	25:40.10	Y	Running Room Athletic Clu	AB	1981	31
31	618	Ellie Greenwood	25:41.57	N	Vancouver Falcons Athleti	BC	1979	33
32	347	Kimber Lemon	25:43.33	Y	London Western Track & Fi	ON	1986	26
33	584	Lisa Mensink	25:47.59	Y	University of Calgary Ath	AB	1977	35
34	450	Erin Burrett	25:53.08	Y	Prairie Inn Harriers Raci	BC	1981	31
35	460	Jodi Souter	25:54.07	Y	QUEEN CITY STRIDERS TRACK	SK	1988	24
36	505	Maria Dalzot	25:58.09	N	Team USA	INT	1985	27
37	595	Alycia Butterworth	26:05.09	Y	Oceanside Track & Field C	BC	1992	20
38	589	Bridget Pyke	26:07.84	Y	University of Calgary Ath	AB	1991	21
39	513	Natalie Desimini	26:09.84	Y	Toronto Olympic Club	ON	1986	25
40	362	Dominique Roy	26:20.10	Y	Montreal Endurance	QC	1988	24
41	512	Madeleine Cummings	26:20.59	Y	Toronto Olympic Club	ON	1991	21
42	342	Leslie Sexton	26:21.09	Y	London Runner Distance Cl	ON	1987	25
43	420	Chantal Warriner	26:22.32	Y	ONTARIO MASTERS ATHLETICS	ON	1979	33
44	664	Maggie Woodward	26:23.09	Y	POINT GREY TRACK & FIELD	BC	1991	21
45	561	Patricia Roney	26:28.08	Y		BC	1985	27
46	437	Katrina Bruckschwaiger	27:02.58	Y	POINT GREY TRACK & FIELD	BC	1982	30
47	336	Karen Gilbert Tyssen	27:12.83	Y	London Runner Distance Cl	ON	1982	30
48	282	Nicole Soderberg	27:17.07	Y	Edmonton Thunder	AB	1992	20
49	224	Grace Keenleyside	27:18.58	Y	Brockville Legion Track &	ON	1989	23
50	422	Jill Gamble	27:19.31	Y		ON	1975	37
51	433	Rhiannon N. Evans	27:21.32	N	POINT GREY TRACK & FIELD	BC	1991	21
52	444	Jen Moroz	27:25.05	Y	POINT GREY TRACK & FIELD	BC	1985	27

53	619	Michelle Heneghan	27:26.57	N	Vancouver Falcons Athleti	BC	1986	26
54	381	Micha Gutmanis	27:33.31	Y	Newmarket Huskies Track C	ON	1992	20
55	551	Lindsey Butterworth	27:40.56	Y		BC	1992	20
56	525	Rachel Sinasac	27:46.30	Y	Toronto Olympic Club	ON	1986	26
57	473	Kristen Hansen	28:00.33	Y	Running Room Athletic Clu	AB	1989	23
58	522	Kelly Laing	28:07.81	Y	Toronto Olympic Club	ON	1988	23
59	456	Julie Van Veelen	28:25.06	Y	Prairie Inn Harriers Raci	BC	1977	35
60	217	Nicole Barrett	28:31.58	Y	Bison Track and Field	MB	1987	24
61	662	Lissa Zimmer	28:38.83	N	POINT GREY TRACK & FIELD	BC	1991	21
62	311	Nancy Fedoruk	28:47.56	Y	Hershey Harriers Athletic	BC	1982	30
63	542	Laura Bestow	28:53.33	N			1985	27
64	443	Jennifer McCormack	28:55.34	Y	POINT GREY TRACK & FIELD	BC	1992	20
65	661	Louise Oram	29:16.82	Y	Roads & Runners Racing	BC	1984	28
66	570	Tyra Dickson	29:53.07	Y		SK	1982	30
67	279	Hayley Degaust	30:40.07	Y	Edmonton Thunder	AB	1990	22

SENIOR WOMEN CLUB TEAM SCORES

1.	13	Athletics Toronto	(23:31.76	1:34:07.07	1:11.25)
=====						
1	1	Megan Brown		23:05.33		
2	2	Kate Harrison		23:12.33		
3	4	Kate Van Buskirk		23:32.83		
4	6	Lindsay Carson		24:16.58		
2.	52	University of Calgary Ath	(25:26.71	1:41:46.85	1:42.25)
=====						
1	7	Jessica O'connell		24:25.59		
2	13	Grace Kary		25:25.83		
3	15	Lisa Mensink		25:47.59		
4	17	Bridget Pyke		26:07.84		
3.	54	Toronto Olympic Club	(25:24.95	1:41:39.83	2:34.76)
=====						
1	5	Lucy Njeri		23:45.83		
2	12	Liza Howard		25:23.57		
3	18	Natalie Desimini		26:09.84		
4	19	Madeleine Cummings		26:20.59		
5	(24)	Rachel Sinasac		27:46.30		
6	(26)	Kelly Laing		28:07.81		
4.	55	Prairie Inn Harriers Raci	(25:39.01	1:42:36.05	5:03.23)
=====						
1	3	Natasha Fraser		23:21.83		
2	9	Lucy Smith		24:56.08		

3	16	Erin Burrett	25:53.08
4	27	Julie Van Veelen	28:25.06
=====			
5.	58	Running Room Athletic Clu	(25:59.39 1:43:57.59 3:05.74)

1	8	Ashley Hinthier	24:54.59
2	11	Shari Boyle	25:22.57
3	14	Tara Struyk	25:40.10
4	25	Kristen Hansen	28:00.33

6.	73	POINT GREY TRACK & FIELD	(26:31.39 1:46:05.57 2:02.74)
----	----	--------------------------	--------------------------------

1	10	Sabrina S. Wilkie	25:18.58
2	20	Maggie Woodward	26:23.09
3	21	Katrina Bruckschwaiger	27:02.58
4	22	Rhiannon N. Evans	27:21.32
5	(23)	Jen Moroz	27:25.05
6	(28)	Lissa Zimmer	28:38.83
7	(29)	Jennifer McCormack	28:55.34

SENIOR WOMEN PROVINCIAL TEAM SCORES

1.	15	Team BC	(24:18.20 1:37:12.83 1:32.26)
----	----	---------	--------------------------------

1	1	Natasha Fraser	23:21.83
2	2	Fiona Benson	24:07.34
3	5	Jessica L. Smith	24:49.57
4	7	Erica M. Digby	24:54.09
5	(10)	Sabrina S. Wilkie	25:18.58
6	(13)	Anne-Marie Madden	25:34.57

2.	22	Team Alberta A	(24:42.98 1:38:51.93 0:51.89)
----	----	----------------	--------------------------------

1	3	Maria Bernard	24:20.94
2	4	Jessica O'connell	24:25.59
3	6	Lisa Harvey	24:52.57
4	9	Jodi Sanguin	25:12.83
5	(12)	Grace Kary	25:25.83
6	(15)	Lisa Mensink	25:47.59

3.	49	Team Alberta B	(25:31.27 1:42:05.10 1:13.25)
----	----	----------------	--------------------------------

1	8	Ashley Hinthier	24:54.59
2	11	Shari Boyle	25:22.57

3	14	Tara Struyk	25:40.10
4	16	Bridget Pyke	26:07.84
5	(17)	Nicole Soderberg	27:17.07

SENIOR MEN'S 10KM

Place	No.	Name	Guntime	Lap1	Lap2	Lap3	Lap4	Prov	Year	Ag
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	258	Cameron Levins	29:41.55	6:16	12:13	18:08	24:04	BC	1989	23
2	398	Mohammed Ahmed	29:42.07	6:16	12:14	18:08	24:04	ON	1991	21
3	597	Kelly Wiebe	29:45.57	6:15	12:13	18:09	24:04	SK	1989	23
4	502	Chris Winter	30:00.56	6:15	12:14	18:09	24:06	ON	1986	26
5	436	Lucas Bruchet	30:06.07	6:15	12:14	18:09	24:08	BC	1991	21
6	403	Mathew Walters	30:13.32	6:16	12:14	18:10	24:14	ON	1989	23
7	407	Ryan Cassidy	30:20.84	6:16	12:15	18:21	24:26	NB	1993	19
8	372	Andrew Degroot	30:34.07	6:16	12:15	18:17	24:28	ON	1991	21
9	479	Barry Britt	30:39.57	6:16	12:14	18:16	24:29	NB	1990	22
10	471	Peter Corrigan	30:51.82	6:16	12:15	18:26	24:44	AB	1989	23
11	340	Kyle O'neill	30:53.31	6:18	12:22	18:37	24:51	ON	1989	23
12	568	Jeremiah Ziak	30:54.83	6:17	12:22	18:37		BC	1976	36
13	242	Emmanuel Boisvert	30:55.83	6:17	12:22	18:37	24:51	QC	1991	21
14	609	Doug Oxland	31:01.06	6:17	12:21	18:37	24:55	BC	1991	21
15	518	Adam Hortian	31:04.33	6:22	12:29	18:41	24:59	ON	1984	28
16	604	Clifford Childs	31:06.82	6:16	12:22	18:43	25:03	BC	1989	23
17	361	Ryan Noel-Hodge	31:09.83	6:17	12:21	18:37	24:52	QC	1989	22
18	209	Colin Fewer	31:11.07	6:24	12:34	18:47	25:04	NL	1977	35
19	475	Jevin Monds	31:17.57	6:17	12:23	18:42	25:05	AB	1989	23
20	556	Brandon Lord	31:24.07	6:16	12:14	18:28	24:51	BC	1992	20
21	540	Blair Johnston	31:26.31	6:19	12:28	18:44	25:09	BC	1992	20
22	438	Kevin Friesen	31:27.58	6:35	12:45	18:58	25:18	BC	1987	25
23	605	Joshua Clouthier	31:29.58	6:26	12:36	18:55	25:24	BC	1991	21
24	440	Ryan Huff	31:30.83	6:25	12:39	19:01	25:24	BC	1988	24
25	243	Maxime Lapierre	31:32.08	6:27	12:41	19:00	25:22	QC	1988	23
26	435	Ryan Brockerville	31:37.83	6:18	12:28	18:47	25:16	BC	1989	23
27	344	Brent Smith	31:39.81	6:26	12:39	19:00	25:25	ON	1987	25
28	445	Samuel Pawluk	31:46.59	6:16	12:24	18:45	25:18	BC	1985	27
29	521	Saheed Khan	31:46.83	6:25	12:34	18:58	25:29	ON	1984	28
30	253	Justin Kent	31:51.31	6:20	12:28	18:50	25:23	BC	1992	20
31	434	Tim Huebsch	31:51.83	6:28	12:48	19:12	25:45	BC	1991	21
32	455	Kristopher Swanson	31:52.59	6:31	12:48	19:13	25:41	BC	1981	31
33	585	Scott Nicol	32:09.33	6:23	12:38	19:07	25:42	AB	1988	24
34	257	Declan White	32:11.32	6:26	12:38	19:07	25:44	BC	1992	20
35	335	Nathan De Witt	32:16.57	6:33	12:58	19:29	26:02	ON	1985	27
36	563	Timothy Smith	32:18.56	6:36	13:01	19:30	26:03	BC	1991	21
37	439	Dylan Gant	32:19.57	6:35	12:59	19:29	26:00	BC	1986	26

38	236	Gareth Hadfield	32:19.57	6:19	12:34	19:12	26:03	AB	1992	20
39	244	Anthony Larouche	32:24.32	6:31	19:28	26:03	41:04	QC	1990	22
40	277	Graeme Law	32:31.31	6:22	12:49	19:25	26:04	AB	1990	22
41	213	Kyle Dekker	32:31.57	6:18	12:44	19:26	26:03	ON	1987	25
42	451	Sean W. Chester	32:31.81	6:38	13:03	19:45	26:16	BC	1984	28
43	498	John Mason	32:38.07	6:25	12:38	19:18	26:09	ON	1987	25
44	516	Hussein Hashi	32:52.57	6:19	12:30	19:00	25:41	ON	1989	23
45	534	Josh Morrison	32:54.35	6:41	13:15	19:51	26:31	ON	1980	31
46	281	Donovan Hacking	32:58.33	6:32	13:07	19:47	26:29	AB	1992	20
47	331	Daniel Blouin	33:00.07	6:35	13:00	19:37	26:25	QC	1978	34
48	441	Theo Hunt	33:07.31	6:34	12:59	19:35	26:27	BC	1988	24
49	557	Tom Michie	33:07.83	6:48	13:26	20:06	26:49	BC	1986	26
50	470	David M Brown	33:08.59	6:38	13:12	19:51	26:33	AB	1989	22
51	665	Simon Bill	33:11.57	6:51	13:28	20:05	26:50	BC	1992	20
52	507	Paul Raymond	33:26.08	6:29	13:11	19:59	26:49	ON	1993	19
53	666	Glenn Saqui	33:26.32	6:52	13:29	20:08	26:52	BC	1980	32
54	509	Nelson Ndereva	33:33.31	6:36	13:10	19:53	26:49	ON	1967	45
55	278	Curtis Aucoin	33:41.57	6:38	13:21	20:11	27:02	AB	1993	19
56	527	Kevin Smith	33:47.58	6:47	13:26	20:08	26:59	ON	1981	31
57	630	John Machuga	33:47.82	6:45	13:27	20:18	27:08	BC	1979	33
58	596	Michael Middlemiss	33:53.07	6:34	13:07	19:49	26:47	SK	1992	20
59	567	James Young	33:56.07	6:38	13:19	20:16	27:09	BC	1991	20
60	659	Tristan K. Simpson	33:57.33	6:46	13:22	20:13	27:12	BC	1984	28
61	476	Matthew Norminton	34:01.33	6:45	13:28	20:12	27:08	AB	1977	35
62	515	Kyle Ferguson	34:10.32	6:47	13:39	20:31	27:27	ON	1979	33
63	553	Samir Dhanani	34:13.57	6:42	13:32	20:25	27:23	BC	1989	23
64	478	Eric Wiebe	34:19.32	6:44	13:29	20:25	27:27	AB	1988	24
65	468	Rowan J. Forseth	34:22.82	6:42	13:31	20:37	27:42	BC	1991	21
66	472	Thomas Fleming	34:22.84	6:43	13:28	20:26	27:31	AB	1987	25
67	424	Devin Wittig	34:24.32	6:47	13:35	20:34	27:35	ON	1992	20
68	571	Jonathan Heinze	34:24.34	7:01	13:53	20:52	27:51	BC	1988	24
69	280	David Falk	34:25.07	6:44	13:35	20:32	27:35	AB	1988	23
70	449	Benjamin Brzezynski	34:25.58	6:52	13:46	20:46	27:46	BC	1989	23
71	555	Anders Klaus	34:26.82	7:00	13:54	20:52	27:51	BC	1987	25
72	453	Ian Searle	34:31.57	6:49	13:36	20:35	27:38	BC	1991	21
73	322	Antonio Redfern - Pucci	35:13.59	6:59	13:53	20:58	28:07	ON	1983	29
74	464	Devin Woodland	35:36.56	6:34	13:06	19:50	27:20	AB	1991	21
75	549	Jeremy Hopwood	35:54.06	7:01	14:07	21:21	28:43	BC	1980	32
76	334	Benjamin Burr	36:06.81	7:14	14:20	21:37	28:53	ON	1984	28
77	660	Thomas Nipen	36:28.07	7:08	14:19	21:36	28:57	BC	1984	28
78	569	Luke Carlos	36:46.81	7:16	14:32	21:56	29:21	YK	1979	33
79	564	Duane Stewart	39:24.31	7:30	15:07	22:59	31:00	BC	1987	25
80	255	Gurjit Rajput		7:16	14:37	22:27	30:23	BC	1991	21
81	301	Stephane Colle		6:16	12:16	18:23		QC	1988	24

SENIOR MEN'S CLUB TEAMS

1.	22	POINT GREY TRACK & FIELD	(31:10.57	2:04:42.31	1:31.76)
1	1	Lucas Bruchet		30:06.07		
2	6	Kevin Friesen		31:27.58		
3	7	Ryan Huff		31:30.83		
4	8	Ryan Brockerville		31:37.83		
5	(10)	Samuel Pawluk		31:46.59		
6	(12)	Tim Huebsch		31:51.83		
7	(15)	Dylan Gant		32:19.57		
2.	51	Running Room Athletic Clu	(32:19.82	2:09:19.31	3:09.51)
1	2	Peter Corrigan		30:51.82		
2	5	Jevin Monds		31:17.57		
3	20	David M Brown		33:08.59		
4	24	Matthew Norminton		34:01.33		
5	(26)	Eric Wiebe		34:19.32		
6	(27)	Thomas Fleming		34:22.84		
3.	54	Toronto Olympic Club	(32:19.26	2:09:17.04	2:28.98)
1	4	Adam Hortian		31:04.33		
2	11	Saheed Khan		31:46.83		
3	18	Hussein Hashi		32:52.57		
4	21	Nelson Ndereva		33:33.31		
5	(23)	Kevin Smith		33:47.58		
6	(25)	Kyle Ferguson		34:10.32		
4.	57	London Runner Distance Cl	(32:44.12	2:10:56.50	5:13.50)
1	3	Kyle O'neill		30:53.31		
2	9	Brent Smith		31:39.81		
3	14	Nathan De Witt		32:16.57		
4	31	Benjamin Burr		36:06.81		
5.	85	Edmonton Thunder	(33:24.07	2:13:36.28	1:53.76)
1	16	Graeme Law		32:31.31		
2	19	Donovan Hacking		32:58.33		
3	22	Curtis Aucoin		33:41.57		
4	28	David Falk		34:25.07		
6.	89	Prairie Inn Harriers Raci	(33:20.38	2:13:21.55	2:38.98)

1	13	Kristopher Swanson	31:52.59
2	17	Sean W. Chester	32:31.81
3	29	Benjamin Brzezynski	34:25.58
4	30	Ian Searle	34:31.57

SENIOR MEN'S PROVINCIAL TEAMS

1.	25	Team BC	(31:27.63	2:05:50.55	0:39.77)
=====					
1	3	Clifford Childs	31:06.82		
2	6	Blair Johnston	31:26.31		
3	7	Ryan Huff	31:30.83		
4	9	Samuel Pawluk	31:46.59		
5	(10)	Justin Kent	31:51.31		
6	(11)	Kristopher Swanson	31:52.59		
2.	28	Team Quebec	(31:30.51	2:06:02.06	1:28.49)
=====					
1	2	Emmanuel Boisvert	30:55.83		
2	4	Ryan Noel-Hodge	31:09.83		
3	8	Maxime Lapierre	31:32.08		
4	14	Anthony Larouche	32:24.32		
5	(16)	Daniel Blouin	33:00.07		
3.	31	Team Alberta A	(31:39.57	2:06:38.29	1:27.75)
=====					
1	1	Peter Corrigan	30:51.82		
2	5	Jevin Monds	31:17.57		
3	12	Scott Nicol	32:09.33		
4	13	Gareth Hadfield	32:19.57		
5	(15)	Graeme Law	32:31.31		
4.	74	Team Alberta B	(33:47.70	2:15:10.81	1:10.73)
=====					
1	17	David M Brown	33:08.59		
2	18	Curtis Aucoin	33:41.57		
3	19	Matthew Norminton	34:01.33		
4	20	Eric Wiebe	34:19.32		
5	(21)	Thomas Fleming	34:22.84		

MASTERS MEN/WOMEN 8KM

Place No.	Name	Guntime	Club	Prov	Year	Ag
-----------	------	---------	------	------	------	----

1	33	Steve Boyd	26:02.18	Physi-Kult Kingston	ON	1963	49
2	72	Kevin O'Connor	26:27.20	Vancouver Falcons Athleti	BC	1967	45
3	70	Craig Odermatt	26:34.95	University of Victoria	BC	1970	42
4	86	Ian Hallam	26:39.43	Prairie Inn Harriers Raci	BC	1972	40
5	68	Graeme S Wilson	26:39.68		BC	1971	41
6	42	Colin G. Dignum	26:50.70	Prairie Inn Harriers Raci	BC	1966	46
7	60	Neil A. Holm	27:12.94		BC	1966	46
8	54	Jerry Kooymans	27:30.19	Toronto Olympic Club	ON	1955	57
9	43	Norman C. Tinkham	27:40.94	Prairie Inn Harriers Raci	BC	1963	49
10	81	Geoff Peat	27:46.69	Newmarket Huskies	ON	1963	49
11	45	Shawn Muldrew	27:52.19	Running Room Athletic Clu	AB	1965	47
12	18	Andrew Tuovinen	27:58.44	Hershey Harriers Athletic	BC	1963	49
13	38	Carey Nelson	28:08.37	POINT GREY TRACK & FIELD	BC	1963	49
14	83	Tim Moran	28:15.18	ONTARIO MASTERS ATHLETICS	ON	1969	43
15	65	Anthony Skuce	28:15.68		BC	1963	49
16	46	Marty Robertson	28:17.93	Running Room Athletic Clu	AB	1971	40
17	79	Chris Deighan	28:18.19	Newmarket Huskies	ON	1960	52
18	7	Tyler Ginther	28:24.44	Coastal Track Club	BC	1966	46
19	82	Jack Cook	28:37.93	Road Running	AB	1967	45
20	76	Catherine Watkins	29:04.97	Vancouver Falcons Athleti	BC	1971	41
21	22	Rachel Ruus	29:16.97	Kajaks Track & Field Club	BC	1974	38
22	17	Bill Sheel	29:19.68	Hershey Harriers Athletic	BC	1969	43
23	84	Christopher Maika	29:20.21	Kajaks Track & Field Club	BC	1963	49
24	80	Derek Hackshaw	29:25.18	Newmarket Huskies	ON	1969	42
25	12	Mikhail Titov	29:27.94	Elite Track & Field Acade	BC	1968	44
26	30	Michael Day	29:46.69	Ottawa Lions Track and Fi	ON	1962	50
27	34	Jeff Lapierre	29:48.21	Physi-Kult Kingston	ON	1972	40
28	36	Bob Mcgraw	29:51.46	Physi-Kult Kingston	ON	1958	54
29	31	Warren McCulloch	29:58.93	Phoenix Athletics Associa	ON	1966	46
30	73	Will Mckechnie	30:16.43	Vancouver Falcons Athleti	BC	1968	44
31	37	Clive Morgan	30:17.47	Physi-Kult Kingston	ON	1959	53
32	67	Tim Smith	30:21.44		BC	1960	52
33	29	Bill Krezonoski	30:23.19	ONTARIO MASTERS ATHLETICS	ON	1953	59
34	69	John Svec	30:27.93		SK	1965	47
35	32	Steven Blostein	30:36.45	Physi-Kult Kingston	ON	1961	51
36	10	Bob Holmes	31:04.69	Edmonton Thunder	AB	1954	58
37	39	Robert Watt	31:13.71	POINT GREY TRACK & FIELD	BC	1963	49
38	15	Andrew Haigh	31:14.94	Hershey Harriers Athletic	BC	1955	57
39	9	Stefan Fekner	31:17.93	Edmonton Thunder	AB	1952	60
40	59	Arjan Gelling	31:19.94		BC	1946	66
41	16	Darcie Montgomery	31:21.44	Hershey Harriers Athletic	BC	1969	43
42	61	Rob Lang	31:34.19		BC	1956	56
43	4	Bobbijo Waite Lang	31:38.70	CALGARY PHOENIX STRIDERS	AB	1970	42
44	44	Brian A. Martinson	31:43.68	Prince George Track Club	BC	1958	54
45	40	Juliette Christie	31:44.21	Prairie Inn Harriers Raci	BC	1962	50

46	58 Frank Van Der Wart	31:55.45		BC	1966	46
47	74 Tracy Wakaluk	32:03.94	Vancouver Falcons Athleti	BC	1970	42
48	11 Clifford Russell	32:14.93	Edmonton Thunder	AB	1953	59
49	6 Ron Wichmann	32:22.93	Chilliwack Track & Field	BC	1955	57
50	19 Steve Hosford	32:34.69	Kajaks Track & Field Club	BC	1950	61
51	57 Michael Jacka	33:01.43		AB	1963	49
52	63 Dave Robertson	33:09.69		BC	1960	52
53	52 Teresa M. Nightingale	33:13.95	Sunshine Coast Athletics	BC	1965	46
54	24 Paul Roberts	33:27.70	London Runner Distance Cl	ON	1958	54
55	49 Andy Bienefeld	33:37.19	Semiahmoo Sun Runners	BC	1975	37
56	56 Cindy Rhodes	33:38.70		BC	1957	55
57	35 Myra Macdonald	33:43.94	Physi-Kult Kingston	ON	1959	53
58	3 Nicola Everton	33:55.68	CALGARY PHOENIX STRIDERS	AB	1965	47
59	2 Donna Dixon	34:07.20	CALGARY PHOENIX STRIDERS	AB	1962	50
60	50 Gordon Flett	34:28.69	Semiahmoo Sun Runners	BC	1960	52
61	41 Brian Connon	34:36.19	Prairie Inn Harriers Raci	BC	1946	66
62	85 Michelle Biffart	34:43.95	Ocean Athletics	BC	1970	41
63	77 Bill Corcoran	34:50.18	Edmonton Thunder	AB	1961	50
64	75 Ted Walraven	35:13.94	Vancouver Falcons Athleti	BC	1953	59
65	66 Vaclav Sladek	35:34.95		BC	1967	45
66	78 Marlene Corcoran	35:53.18	Wolves Athletics Club	AB	1963	49
67	71 James F. Meehan	35:54.94	Valley Royals Track & Fie	BC	1956	56
68	21 Fred Pawluk	36:30.20	Kajaks Track & Field Club	BC	1947	65
69	26 Debbie M. Jordan	36:32.69	Ocean Athletics	BC	1957	55
70	5 Sandra Yaworski	37:44.44	CALGARY PHOENIX STRIDERS	BC	1961	51
71	27 Jack Geddes	38:06.94	Scarborough Masters	ON	1937	75
72	28 Corinne Krezonoski	38:13.20	ONTARIO MASTERS ATHLETICS	ON	1954	58
73	47 Vern Christensen	38:45.46	Scarborough Masters	ON	1940	71
74	53 Joanna Harper	39:02.45	Team USA	INT	1957	55
75	20 Jake Madderom	39:16.19	Kajaks Track & Field Club	BC	1944	68
76	23 Jean-Jacques Schmidt	39:51.94	Kajaks Track & Field Club	BC	1941	71
77	51 Ga Tan Breton	40:16.45	Sherbrooke (C.A.)	QC	1947	64
78	1 Bonnie Skov	43:22.45	Adrenaline Rush Athletics	AB	1946	66
79	55 Lynette L. Baldock	43:41.69	Tri-City Greyhounds	BC	1946	66
80	48 Joan Christensen	44:53.19	Scarborough Masters	ON	1940	72
81	13 John Powell	56:22.20	Etobicoke Track & Field C	ON	1944	68

MASTER CLUB TEAMS

MASTERS MEN M50 CLUB RESULTS

CLUB NAME

AVG. TIME

TOTAL TIME

DIFF

1. 13 Physi-Kult Kingston (31:07.33 2:04:29.32 3:52.48)

1	1	Bob McGraw	29:51.46
2	2	Clive Morgan	30:17.47
3	3	Steven Blostein	30:36.45
4	7	Myra Macdonald	33:43.94

2. 23 Edmonton Thunder (32:21.93 2:09:27.73 3:45.49)

1	4	Bob Holmes	31:04.69
2	5	Stefan Fekner	31:17.93
3	6	Clifford Russell	32:14.93
4	8	Bill Corcoran	34:50.18

MASTERS MEN M60 CLUB RESULTS

CLUB NAME AVG. TIME TOTAL TIME DIFF

1. 6 Kajaks Track & Field Club (36:07.02 1:48:21.08 6:41.50)

1	1	Steve Hosford	32:34.69
2	2	Fred Pawluk	36:30.20
3	3	Jake Madderom	39:16.19
4	(4)	Jean-Jacques Schmidt	39:51.94

MASTERS MEN M70 CLUB RESULTS

CLUB NAME AVG. TIME TOTAL TIME DIFF

1. 3 Scarborough Masters (38:26.20 1:16:52.40 0:38.52)

1	1	Jack Geddes	38:06.94
2	2	Vern Christensen	38:45.46
3	(3)	Joan Christensen	44:53.19

MASTERS WOMEN F35 CLUB RESULTS

CLUB NAME AVG. TIME TOTAL TIME DIFF

MASTERS WOMEN F40 CLUB RESULTS

CLUB NAME		AVG. TIME	TOTAL TIME	DIFF
1.	10 CALGARY PHOENIX STRIDERS	(34:21.50	2:17:26.02	6:05.74)
1	1 Bobbijo Waite Lang	31:38.70		
2	2 Nicola Everton	33:55.68		
3	3 Donna Dixon	34:07.20		
4	4 Sandra Yaworski	37:44.44		

COMMUNITY RACE 5KM

Place	Div/Tot	Div	No.	Name	Guntime	Club	Prov	Year	Ag
1	1/13	M1929	909	Jonathan Marcus	16:25.65			1983	29
2	1/31	HS M	911	Nick Colyn	16:34.11	Langley Mustangs		1997	15
3	2/31	HS M	852	Oliver Jorgensen	16:49.12	Valley Royals Track & Field Cl	BC	1995	17
4	2/13	M1929	904	David Palermo	16:55.61	VFAC	BC	1983	29
5	3/31	HS M	823	Reid Muller	16:57.14	Pitt Meadows Secondary School	BC	1997	15
6	4/31	HS M	875	Brandon Figuero	17:26.64	Semiahmoo Secondary		1996	16
7	5/31	HS M	803	James Miles	17:32.87	Hershey Harrier Athletic Club	BC	1995	17
8	6/31	HS M	802	Joshua Kozelj	17:41.90	Coquitlam Cheetahs	BC	1998	14
9	7/31	HS M	872	Thomson Harris	17:46.12		BC	1998	14
10	8/31	HS M	853	Peter Mitchell	17:46.37	Valley Royals Track & Field Cl	BC	1996	16
11	9/31	HS M	841	Sammy Leumann	17:50.36	Seycove/ Hershey Harriers	BC	1996	16
12	3/13	M1929	876	Michael Butler	17:59.86	Ocean Athletics		1990	22
13	10/31	HS M	846	Roberto Pelayo Mazzone	18:07.37	St. George's School	BC	1999	13
14	11/31	HS M	863	Brammon Edwards	18:18.61		BC	1997	15
15	12/31	HS M	854	Aiden Bingert	18:29.38	Valley Royals Track & Field Cl	BC	1997	15
16	4/13	M1929	866	Nico Windler	18:31.38		BC	1985	27
17	1/3	F1929	908	Kristen Rhode	18:32.11			1983	29
18	5/13	M1929	946	Oliver Scholfield	18:34.12	MJNT		1993	19
19	1/2	M3039	862	Dakota McGovern	18:35.86		BC	1980	32
20	13/31	HS M	839	Alec Proudfoot	18:40.87	Seycove/ Hershey Harriers	BC	1995	17
21	14/31	HS M	845	Daniel Goh	18:45.11	St. George's School	BC	1996	16
22	1/36	HS F	868	Glynis Sim	18:45.87		BC	1998	14
23	15/31	HS M	800	Quincy Gill	18:47.37	Axemen Running Club	BC	1995	17
24	16/31	HS M	840	Noah Howatt-Grossman	18:48.86	Seycove/ Hershey Harriers	BC	1996	16
25	2/36	HS F	849	Calli Charlton	19:01.11	Thunderbirds	BC	1998	14
26	3/36	HS F	826	Chelsea Ribeiro	19:23.13	Semiahmoo Secondary	BC	1997	15
27	17/31	HS M	864	David Sawatsky	19:27.63		BC	1995	17
28	4/36	HS F	830	Kara Lauer	19:35.13	Semiahmoo Secondary	BC	1998	14
29	18/31	HS M	858	Jacob Loewen	19:36.86		BC	1996	16
30	19/31	HS M	933	Liam Fannin	19:55.37	MJNT		1995	17
31	20/31	HS M	934	Tom Fannin	19:55.38	MJNT		1995	17

32	5/36	HS F	829	Dominica Paige	19:57.86	Semiahmoo Secondary	BC	1998	14
33	21/31	HS M	860	Samuel Loewen	19:57.88		BC	1999	13
34	6/36	HS F	820	Mikayla Tinkham	20:01.37	Pitt Meadows Secondary School	BC	1997	15
35	6/13	M1929	927	Brenden Bissett	20:07.11	MJNT		1993	19
36	7/13	M1929	943	Sukhi Panesar	20:07.63	MJNT		1993	19
37	22/31	HS M	930	Graeme Carswell	20:10.63	MJNT		1994	18
38	7/36	HS F	827	Allison Williams	20:11.86	Semiahmoo Secondary	BC	1995	17
39	23/31	HS M	859	Nathan Loewen	20:18.13		BC	1999	13
40	2/2	M3039	910	Richard Matthew	20:21.61			1976	36
41	8/36	HS F	838	Nicola Mawson	20:21.88	Sentinel High School	BC	1996	16
42	2/3	F1929	869	Laura Bandy	20:25.89		BC	1986	26
43	9/36	HS F	804	Celine Coschizza	20:42.64	Little Flower Academy	BC	1997	15
44	10/36	HS F	831	Emily Liang	20:47.12	Semiahmoo Secondary	BC	1998	14
45	11/36	HS F	907	Isabella Gustin	20:50.11	Hershey Harrier Athletic Club		1997	15
46	12/36	HS F	856	Kathryn Harris	20:55.13	West Vancouver Track and Field	BC	1998	14
47	13/36	HS F	833	Michell Cheung	20:59.14	Sentinel High School	BC	1999	13
48	8/13	M1929	941	Tyler Klenk	21:04.13	MJNT		1993	19
49	14/36	HS F	807	Madeline Pringle	21:04.88	Little Flower Academy	BC	1999	13
50	24/31	HS M	806	Lauren McKay	21:04.88	Little Flower Academy	BC	1999	13
51	25/31	HS M	939	Andrew Kanerva	21:14.12	MJNT		1994	18
52	15/36	HS F	811	Olivia Yee	21:23.12	Little Flower Academy B	BC	1999	13
53	1/1	F3039	870	Julie Maisonneuve	21:23.86		BC	1980	32
54	16/36	HS F	837	Mackenzie Campbell	21:24.62	Sentinel High School	BC	1996	16
55	17/36	HS F	808	Sophia Quinn	21:26.63	Little Flower Academy	BC	1999	13
56	26/31	HS M	801	Joern Staeger	21:33.88	BICS Eagles	BC	2001	11
57	18/36	HS F	821	Niamh O'Dwyer	21:40.86	Pitt Meadows Secondary School	BC	1996	16
58	9/13	M1929	940	Manvir Kingra	21:46.86	MJNT		1992	20
59	19/36	HS F	834	Mia Dommann	21:48.87	Sentinel High School	BC	1999	13
60	27/31	HS M	912	Alex Nightingale	21:59.36	ChATELECH		1996	16
61	28/31	HS M	825	Jeremy Belcher	22:17.61	Royal City	BC	2001	11
62	29/31	HS M	936	Gurteg Gill	22:20.36	MJNT		1994	18
63	30/31	HS M	932	Justin Dhaliwal	22:20.62	MJNT		1994	18
64	3/3	F1929	857	Mallory Pinnock	22:38.36	Wolves Athletics Club	BC	1986	26
65	20/36	HS F	850	Heather Gadalla	22:43.86	Thunderbirds	BC	2002	10
66	21/36	HS F	874	Kirsty Merkt-Caprile	22:57.12	Little Flower Academy		1998	14
67	22/36	HS F	812	Natalie Pang	23:16.37	Little Flower Academy B	BC	1996	16
68	23/36	HS F	813	Calista Valente	23:29.61	Little Flower Academy B	BC	1998	14
69	24/36	HS F	818	Lauren Chan	23:47.61	Little Flower Academy C	BC	1998	14
70	10/13	M1929	942	Amit Kullar	23:52.86	MJNT		1992	20
71	25/36	HS F	913	Breanne Dejong	24:08.39	Langley Mustangs		1998	14
72	26/36	HS F	873	Jordan Fahay	24:29.86	Little Flower Academy		1999	13
73	11/13	M1929	948	Tony Sidhu	24:31.39	MJNT		1993	19
74	27/36	HS F	855	Erica Johnson	24:40.63	Valley Royals Track & Field Cl	BC	1997	15
75	28/36	HS F	809	Ciara O'Leary	24:50.38	Little Flower Academy B	BC	1997	15
76	29/36	HS F	817	Kelly Chu	24:50.64	Little Flower Academy C	BC	1999	13
77	12/13	M1929	945	Cj Roydhouse	24:52.14	MJNT		1993	19

78	30/36	HS F	861 Annabella Zarow	24:52.61		BC	2002 10
79	31/36	HS F	810 Aiofe O'Leary	24:54.88	Little Flower Academy B	BC	1995 17
80	1/2	M4049	851 Ross Siemens	25:25.61	Valley Royals Track & Field Cl	BC	1963 49
81	32/36	HS F	816 Emiliy McDormand	25:32.64	Little Flower Academy C	BC	1998 14
82	33/36	HS F	814 Rachel Djauhari	25:33.14	Little Flower Academy C	BC	1999 13
83	34/36	HS F	832 Elise Burgert	25:42.13	Semiahmoo Secondary	BC	1998 14
84	35/36	HS F	822 Sinead O'Dwyer	25:46.88	Pitt Meadows Secondary School	BC	1999 13
85	36/36	HS F	815 Emily To	25:48.62	Little Flower Academy C	BC	1999 13
86	1/2	F5059	871 Beverli Barnes	26:06.11		BC	1959 53
87	1/1	M5059	906 Ingo Jackisch	26:19.88			1953 59
88	2/2	M4049	905 Doug Hawrish	27:31.87		BC	1969 43
89	31/31	HS M	926 Sunny Aujla	28:00.61	MJNT		1994 18
90	13/13	M1929	944 Kevin Pereira	29:44.86	MJNT		1993 19
91	2/2	F5059	865 Laurel Wichmann	31:43.13		BC	1957 55