

2012 BC Cross Country Championships - 10/27/2012  
 Clearbrook Park, Abbotsford, BC, Canada  
 Results

Event 2 Girls 9 1500 Meter Run

| Name                        | Age Team           | Finals  | Points |
|-----------------------------|--------------------|---------|--------|
| Results - Women 9 Year Olds |                    |         |        |
| 1 Bremer, Alicia            | 9 New West Spa     | 7:17.20 |        |
| 2 McAuley, Olivia           | 9 Valley Royal     | 7:18.55 |        |
| 3 Berringer, Stephanie      | 9 Vancouver OL     | 7:19.65 |        |
| 4 SY, Rebecca               | 9 Ocean            | 7:27.22 |        |
| 5 Marsh, Katelyn            | 9 St. John's Schoo | 7:48.54 |        |
| 6 Takhar, Anoop             | 9 Valley Royal     | 7:55.52 |        |
| 7 Jiya, Kaila               | 9 Khalsa           | 8:16.13 |        |
| 8 Lapa, Lesina              | 9 King Traditi     | 8:19.74 |        |
| 9 Kirkwood, Emma            | 9 Unattached       | 9:01.16 |        |
| 10 Higgins, Paige           | 9 Nanaimo & DI     | 9:12.58 |        |
| 11 Pavlik, Katriona         | 9 St. John's Schoo | 9:23.90 |        |

Event 2 Boys 9 1500 Meter Run

| Name                      | Age Team           | Finals   | Points |
|---------------------------|--------------------|----------|--------|
| Results - Men 9 Year Olds |                    |          |        |
| 1 Kristen, Xavier         | 9 St. George's     | 6:21.22  |        |
| 2 Levasseur, Mason        | 9 Kamloops Tra     | 6:25.03  |        |
| 3 Slaymaker, Cameron      | 9 Coquitlam CH     | 6:33.57  |        |
| 4 Williams, Chase         | 9 Unattached       | 6:47.17  |        |
| 5 Pike, Ben               | 9 King Traditi     | 6:49.85  |        |
| 6 Seaman, Jake            | 9 Nanaimo & DI     | 6:51.22  |        |
| 7 Seaman, Ryan            | 9 Nanaimo & DI     | 7:02.04  |        |
| 8 Nill, Torin             | 9 Surrey Chris     | 7:08.39  |        |
| 9 Dolphin, Henry          | 9 King Traditi     | 7:09.44  |        |
| 10 Monro, Nicholas        | 9 Langley Must     | 7:10.55  |        |
| 11 Sidhu, Harjoen         | 9 Ocean            | 7:11.21  |        |
| 12 Wakelyn, Maguire       | 9 Valley Royal     | 7:21.98  |        |
| 13 Smith, Nathan          | 9 Langley Must     | 7:23.20  |        |
| 14 Sanghavi, Vismay       | 9 Unattached       | 7:26.16  |        |
| 15 Penalosa, Elijah       | 9 Ocean            | 7:35.65  |        |
| 16 Groleau, Cameron       | 9 Ocean            | 7:45.92  |        |
| 17 Guy, Juliette          | 9 St. John's Schoo | 7:47.30  |        |
| 18 Nelson, Qwilqen        | 9 Xit'olacw Commun | 8:02.81  |        |
| 19 Howarth, Tyler         | 9 Kajaks Track     | 8:09.70  |        |
| 20 Terry, Spencer         | 9 St. John's Schoo | 8:24.20  |        |
| 21 Park, Nathan Kyu Bin   | 9 Surrey Chris     | 8:28.00  |        |
| 22 Rayat, Goga            | 9 St. John's Schoo | 9:24.33  |        |
| 23 Johal, Anoop           | 9 Valley Royal     | 10:21.46 |        |

Event 4 Girls 10 2000 Meter Run

| Name                         | Age Team        | Finals  | Points |
|------------------------------|-----------------|---------|--------|
| Results - Women 10 Year Olds |                 |         |        |
| 1 Lewis, Kendra              | 10 Vancouver OL | 8:36.56 |        |
| 2 Haintz, Marquesis          | 10 Golden Ears  | 9:00.74 |        |
| 3 Penalosa, Cassiel          | 10 Ocean        | 9:03.14 |        |
| 4 Dickenson, Karly           | 10 Nanaimo & DI | 9:04.84 |        |
| 5 Clarke, Amy                | 10 Ocean        | 9:13.01 |        |
| 6 Kobylanski, Maya           | 10 Ocean        | 9:15.39 |        |
| 7 Gadalla, Heather           | 10 West Point G | 9:17.45 |        |
| 8 Suriya, Shaunika           | 10 Vancouver TH | 9:26.71 |        |

|    |                      |    |              |          |
|----|----------------------|----|--------------|----------|
| 9  | McGillivray, Madison | 10 | Surrey Chris | 9:34.76  |
| 10 | Chambers, Jocelyn    | 10 | West Point G | 9:47.13  |
| 11 | Seibel, Sophia       | 10 | Kamloops Tra | 9:47.36  |
| 12 | Lenz, Marin          | 10 | Chilliwack T | 9:52.73  |
| 13 | Warrington, Lucy     | 10 | Vancouver TH | 9:56.33  |
| 14 | Neil, Olivia         | 10 | West Point G | 10:02.27 |
| 15 | Duchesne, Nicolett   | 10 | Ocean        | 10:06.73 |
| 16 | Peters, Angela       | 10 | Ocean        | 10:16.76 |
| 17 | O'Dwyer, Aoife       | 10 | Golden Ears  | 10:42.42 |
| 18 | Chohan, Jasmine      | 10 | King Traditi | 10:54.81 |
| 19 | Waring, Arshdeep     | 10 | King Traditi | 10:55.08 |
| 20 | Hennessey, Sydney    | 10 | Golden Ears  | 11:20.69 |
| 21 | Plommer, Katherine   | 10 | Unattached   | 11:50.16 |
| 22 | Dadson, Michelle     | 10 | Royal City T | 12:01.16 |
| 23 | Thomas, Eden         | 10 | Unattached   | 12:56.31 |

Event 4 Boys 10 2000 Meter Run

| Name                       | Age                    | Team | Finals       | Points   |
|----------------------------|------------------------|------|--------------|----------|
| Results - Men 10 Year Olds |                        |      |              |          |
| 1                          | Muncey-Buckley, Brandt | 10   | Ocean        | 8:03.99  |
| 2                          | MACKIE, Jeremiah       | 10   | Unattached B | 8:07.40  |
| 3                          | Moore, Stephen         | 10   | Unattached B | 8:42.74  |
| 4                          | Heisterman, Keaton     | 10   | Nanaimo & DI | 8:59.79  |
| 5                          | MACKENZIE, Kai         | 10   | Valley Royal | 9:12.87  |
| 6                          | Glowacki, Tirus        | 10   | New West Spa | 9:19.41  |
| 7                          | Ney, Caleb             | 10   | Unattached   | 9:21.10  |
| 8                          | Dickenson, Jeremy      | 10   | Unattached   | 9:23.35  |
| 9                          | Engbers, Comrie        | 10   | Surrey Chris | 9:26.71  |
| 10                         | Janzen, Parker         | 10   | Valley Royal | 9:26.75  |
| 11                         | Yarmoshuk, Cole        | 10   | Ocean        | 9:37.01  |
| 12                         | Bosak, Blake           | 10   | King Traditi | 9:46.21  |
| 13                         | Iversen, Erik          | 10   | Coquitlam CH | 10:08.18 |
| 14                         | Song, Joseph           | 10   | Surrey Chris | 10:10.13 |
| 15                         | Andersen, Ethan        | 10   | Nanaimo & DI | 10:20.68 |
| 16                         | McGill, Brandon        | 10   | Surrey Chris | 10:30.74 |
| 17                         | Versluis, Jaden        | 10   | Surrey Chris | 10:33.16 |
| 18                         | Wilkinson, Fergus      | 10   | Surrey Chris | 10:46.31 |
| 19                         | Badili, Micko          | 10   | Surrey Chris | 10:58.13 |
| 20                         | Boschman, Aaron        | 10   | Valley Royal | 11:06.71 |
| 21                         | Kent, Connor           | 10   | Coquitlam CH | 11:19.66 |
| 22                         | Klimos, Nicolas        | 10   | Coquitlam CH | 11:22.70 |
| 23                         | Clendenin, Noah        | 10   | Ocean        | 12:08.72 |

Event 6 Girls 11 2000 Meter Run

| Name                         | Age                    | Team | Finals       | Points  |
|------------------------------|------------------------|------|--------------|---------|
| Results - Women 11 Year Olds |                        |      |              |         |
| 1                            | Smith, Cayla           | 11   | Ocean        | 8:28.35 |
| 2                            | Watson, Nina           | 11   | Vancouver OL | 8:47.88 |
| 3                            | Milic, Hannah          | 11   | Ocean        | 8:55.95 |
| 4                            | Watson, Kaitlyn        | 11   | Nanaimo & DI | 9:03.25 |
| 5                            | Morris, Sophie         | 11   | Vancouver TH | 9:03.49 |
| 6                            | Rockel, Stella         | 11   | Vancouver OL | 9:19.36 |
| 7                            | Williams, Taylor       | 11   | Unattached   | 9:23.88 |
| 8                            | Motion, Emily          | 11   | Valley Royal | 9:28.15 |
| 9                            | Matthewman, Samantha   | 11   | Langley Must | 9:37.22 |
| 10                           | Basra, Snehpreet       | 11   | Universal AT | 9:38.71 |
| 11                           | Bishop, Regan          | 11   | Valley Royal | 9:45.64 |
| 12                           | Muncey-Buckley, Morgan | 11   | Ocean        | 9:54.24 |
| 13                           | Janzen, Sierra         | 11   | Valley Royal | 9:59.84 |

|    |                    |                 |          |
|----|--------------------|-----------------|----------|
| 14 | Denness, Rori      | 11 Ocean        | 10:03.68 |
| 15 | Max-Brown, Cecilee | 11 Ocean        | 10:05.50 |
| 16 | Hoffmann, Grace    | 11 Ocean        | 10:11.41 |
| 17 | Tunti, Jaziel      | 11 Unattached B | 10:20.59 |
| 18 | Bailey, Adelia     | 11 Ocean        | 10:40.41 |
| 19 | Anderton, Courtney | 11 Nanaimo & DI | 10:45.68 |
| 20 | Sidhu, Gurbaj      | 11 Khalsa       | 11:00.32 |
| 21 | Adams, Josephine   | 11 West Point G | 11:04.39 |
| 22 | Hogendoorn, Thea   | 11 Ocean        | 11:20.36 |
| 23 | Collinson, Avery   | 11 Unattached   | 11:36.79 |
| 24 | Khangura, Jashan   | 11 Khalsa       | 11:59.63 |
| 25 | Sandhu, Jasjot     | 11 Khalsa       | 12:22.61 |
| 26 | Sandhu, Harina     | 11 Khalsa       | 12:22.67 |
| 27 | Brar, Pavneet      | 11 Khalsa       | 12:31.14 |

Event 6 Boys 11 2000 Meter Run

| Name                       | Age Team          | Finals              | Points   |
|----------------------------|-------------------|---------------------|----------|
| Results - Men 11 Year Olds |                   |                     |          |
| 1                          | Ralph, Justin     | 11 Unattached B     | 8:13.33  |
| 2                          | Seaman, Nate      | 11 Nanaimo & DI     | 8:15.98  |
| 3                          | Boothroyd, Gavin  | 11 Vancouver OL     | 8:26.72  |
| 4                          | Scherban, Jason   | 11 Penticton AT     | 8:32.01  |
| 5                          | Blakely, Liam     | 11 Vancouver OL     | 8:33.78  |
| 6                          | Janke, Shea       | 11 Royal City T     | 8:44.07  |
| 7                          | Grabher, Ian      | 11 Nanaimo & DI     | 8:52.98  |
| 8                          | Belcher, Jeremy   | 11 Royal City T     | 9:01.47  |
| 9                          | Kirkwood, Thomas  | 11 St. George's     | 9:03.24  |
| 10                         | Yzerman, Peter    | 11 Surrey Chris     | 9:08.56  |
| 11                         | Stephens, Jackson | 11 Surrey Chris     | 9:14.74  |
| 12                         | Nill, Yanik       | 11 Surrey Chris     | 9:32.40  |
| 13                         | Bradley, Carson   | 11 Kajaks Track     | 9:36.78  |
| 14                         | McCallum, Conrad  | 11 St. John's Schoo | 9:49.24  |
| 15                         | Slotman, Noah     | 11 Royal City T     | 10:17.09 |
| 16                         | Dhillon, Baldeep  | 11 Valley Royal     | 10:23.07 |
| 17                         | Chong, Jarrett    | 11 Coquitlam CH     | 10:49.71 |
| 18                         | Carson, Hillyard  | 11 Unattached       | 10:58.18 |

Event 8 Girls 12 3000 Meter Run

| Name                         | Age Team               | Finals              | Points   |
|------------------------------|------------------------|---------------------|----------|
| Results - Women 12 Year Olds |                        |                     |          |
| 1                            | Heisterman, Madison    | 12 Nanaimo & DI     | 10:49.00 |
| 2                            | Lenz, Sienna           | 12 Chilliwack T     | 11:08.93 |
| 3                            | Fitzgerald, Makenna    | 12 Kamloops Tra     | 11:19.55 |
| 4                            | Fetherstonhaugh, Grace | 12 Royal City T     | 11:44.81 |
| 5                            | Ribeiro, Haley         | 12 Ocean            | 11:52.31 |
| 6                            | Gagon-Bounaix, Aiyana  | 12 Chilliwack T     | 11:56.34 |
| 7                            | Stewart, Hope          | 12 Nanaimo & DI     | 11:59.61 |
| 8                            | Randall, Kennedy       | 12 West Point G     | 12:02.22 |
| 9                            | Leblanc, Aly           | 12 Chilliwack T     | 12:09.05 |
| 10                           | Lumb, Katia            | 12 Vancouver TH     | 12:09.32 |
| 11                           | Eriksen, Nikki         | 12 Ocean            | 12:20.58 |
| 12                           | Morley, Emily          | 12 Golden Ears      | 12:37.32 |
| 13                           | Fjell, Meghan          | 12 Vancouver TH     | 12:39.19 |
| 14                           | Steiner, Olivia        | 12 Ocean            | 12:41.73 |
| 15                           | Thomas, Bethany        | 12 Mission Middle/S | 12:43.44 |
| 16                           | Gill, Gurleen          | 12 Valley Royal     | 12:59.06 |
| 17                           | Andersen, Marina       | 12 Nanaimo & DI     | 13:11.63 |
| 18                           | McNeil, Kayleigh       | 12 Golden Ears      | 13:19.54 |
| 19                           | Daignault, Charlotte   | 12 Mission Middle/S | 13:20.73 |

|    |                   |    |              |          |
|----|-------------------|----|--------------|----------|
| 20 | Weltzin, Kayla    | 12 | Langley Must | 13:26.34 |
| 21 | Moxham, Lindy     | 12 | West Point G | 13:37.65 |
| 22 | Gill, Amrit       | 12 | Khalsa       | 13:50.99 |
| 23 | Janzen, Nikki     | 12 | Valley Royal | 14:02.62 |
| 24 | Warrington, Sofia | 12 | Vancouver TH | 14:55.82 |

Event 8 Boys 12 3000 Meter Run

| Name                       | Age                 | Team | Finals           | Points   |
|----------------------------|---------------------|------|------------------|----------|
| Results - Men 12 Year Olds |                     |      |                  |          |
| 1                          | Ney, Josiah         | 12   | Unattached       | 10:35.41 |
| 2                          | Fisher, Paul        | 12   | Vancouver TH     | 10:36.91 |
| 3                          | Graham, Hugh        | 12   | St. George's     | 10:50.90 |
| 4                          | Nickel, Noah        | 12   | Unattached       | 11:04.76 |
| 5                          | Mitchell, Michael   | 12   | St. George's     | 11:08.92 |
| 6                          | Roy, MACKENZIE      | 12   | Valley Royal     | 11:16.09 |
| 7                          | Matsubara, Yoshi    | 12   | St. George's     | 11:37.41 |
| 8                          | Senft, Luke         | 12   | Valley Royal     | 11:54.58 |
| 9                          | von Dadelzen, Piers | 12   | St. George's Sch | 11:57.95 |
| 10                         | Parmar, Rajeev      | 12   | Coquitlam CH     | 12:07.50 |
| 11                         | Faraday, Justin     | 12   | West Point G     | 12:08.83 |
| 12                         | Biffart, Lucas      | 12   | Ocean            | 12:12.85 |
| 13                         | Djunga, Martin      | 12   | New West Spa     | 12:35.83 |
| 14                         | Collinson, Reid     | 12   | Unattached       | 12:37.04 |
| 15                         | Hunter, Ian         | 12   | Royal City T     | 12:50.00 |
| 16                         | Wagler, Benjamin    | 12   | Surrey Chris     | 13:06.66 |
| 17                         | Rai, Jaskarn Singh  | 12   | Valley Royal     | 13:26.12 |
| 18                         | Dadson, Emmanuel    | 12   | Royal City T     | 13:48.25 |
| 19                         | Foreman, Tanner     | 12   | Ocean            | 14:06.39 |

Event 9 Girls 13 3000 Meter Run

| Name                         | Age                     | Team | Finals       | Points   |
|------------------------------|-------------------------|------|--------------|----------|
| Results - Women 13 Year Olds |                         |      |              |          |
| 1                            | Steer, Danielle         | 13   | Ocean        | 10:31.86 |
| 2                            | Ridenour, Desirae       | 13   | Unattached   | 10:45.63 |
| 3                            | Willett, Olivia         | 13   | Unattached B | 11:02.17 |
| 4                            | Champoux, Megan         | 13   | Langley Must | 11:09.47 |
| 5                            | Hennessey, Jamie        | 13   | Golden Ears  | 11:22.34 |
| 6                            | Heppell, Katia          | 13   | Valley Royal | 11:31.96 |
| 7                            | Kirsh, Leah             | 13   | Vancouver TH | 11:45.82 |
| 8                            | Ginther, Georgia        | 13   | Unattached B | 11:48.97 |
| 9                            | Chilton, Emily          | 13   | Royal City T | 11:51.42 |
| 10                           | Goodwin, Anna           | 13   | Norwesters T | 11:53.86 |
| 11                           | De Valk Zaiss, Halle    | 13   | Unattached   | 12:00.07 |
| 12                           | Pringle, Madeleine      | 13   | Vancouver TH | 12:01.83 |
| 13                           | Moody, Olivia           | 13   | Deerfoot Ath | 12:07.18 |
| 14                           | Bako, Jensen Rose       | 13   | Valley Royal | 12:08.91 |
| 15                           | MACGREGOR, Gabrielle    | 13   | Valley Royal | 12:16.84 |
| 16                           | Tremblay-Mason, Soleiya | 13   | Kamloops Tra | 12:41.96 |
| 17                           | Lapointe, Annelise      | 13   | Unattached   | 12:49.83 |
| 18                           | Vanee, Lauren           | 13   | Royal City T | 12:50.73 |
| 19                           | Chamberland, Kayla      | 13   | Langley Must | 13:01.97 |
| 20                           | Takhar, Mehroop         | 13   | Valley Royal | 13:35.63 |
| 21                           | Ray, Allyson Elaine     | 13   | Langley Must | 15:06.16 |
| 22                           | O'Dwyer, Sinead         | 13   | Golden Ears  | 15:43.07 |

Event 9 Girls 14 3000 Meter Run

| Name | Age | Team | Finals | Points |
|------|-----|------|--------|--------|
|------|-----|------|--------|--------|

## Results - Women 14 Year Olds

|    |                        |    |              |          |
|----|------------------------|----|--------------|----------|
| 1  | Sim, Glynis            | 14 | Unattached B | 10:31.86 |
| 2  | Fitzgerald, Kendall    | 14 | Kamloops Tra | 10:37.45 |
| 3  | Konrad, Hannah         | 14 | Valley Royal | 10:54.03 |
| 4  | Greer, Julia           | 14 | Ocean        | 10:58.02 |
| 5  | Tinkham, Mikayla J.    | 14 | Golden Ears  | 11:06.17 |
| 6  | Morris, Amy            | 14 | Nanaimo & DI | 11:17.12 |
| 7  | Picken, Megan          | 14 | Vancouver OL | 11:44.00 |
| 8  | Fashanu, Shola         | 14 | Kelowna Trac | 11:45.26 |
| 9  | Dejong, Breanne        | 14 | Langley Must | 12:04.69 |
| 10 | Cho, Samantha          | 14 | Vancouver OL | 12:14.42 |
| 11 | Muir, Megan            | 14 | Chilliwack T | 12:19.85 |
| 12 | Dickenson, Hayley      | 14 | Nanaimo & DI | 12:54.85 |
| 13 | Merkt-Caprile, Kirstie | 14 | Vancouver TH | 12:56.86 |
| 14 | Richard, Sara          | 14 | Unattached   | 13:21.88 |
| 15 | James, Emma            | 14 | Kajaks Track | 13:22.34 |
| 16 | Rosser, Olivia         | 14 | Kajaks Track | 13:39.46 |
| 17 | Klymchuk, Sammi        | 14 | Ocean        | 13:47.39 |
| 18 | Maika, Samantha        | 14 | Kajaks Track | 16:31.17 |

## Event 9 Girls 15 3000 Meter Run

| Name | Age | Team | Finals | Points |
|------|-----|------|--------|--------|
|------|-----|------|--------|--------|

## Results - Women 15 Year Olds

|    |                      |    |              |          |
|----|----------------------|----|--------------|----------|
| 1  | Pilgrim, Callum      | 15 | Valley Royal | 10:28.05 |
| 2  | Hutchinson, Nicole   | 15 | Hershey Harr | 10:35.45 |
| 3  | Ribeiro, Chelsea     | 15 | Ocean        | 10:43.60 |
| 4  | Kell, Jennifer       | 15 | Valley Royal | 11:10.74 |
| 5  | Fagan, Veronika      | 15 | Okanagan Ath | 11:11.07 |
| 6  | Gustin, Isabella     | 15 | Hershey Harr | 11:41.10 |
| 7  | Weaver, Katie        | 15 | Norwesters T | 11:51.25 |
| 8  | Brown, Fiona         | 15 | Ocean        | 11:54.51 |
| 9  | Johnstone, Christina | 15 | Golden Ears  | 11:55.02 |
| 10 | McNeil, Madysen      | 15 | Golden Ears  | 11:58.87 |
| 11 | Chapman, Delaney     | 15 | Valley Royal | 12:11.91 |
| 12 | Mylie, Emma          | 15 | Peninsula TR | 12:38.76 |
| 13 | Leblanc, Caitlin     | 15 | Chilliwack T | 12:54.78 |
| 14 | Hollman, Rocio       | 15 | Vancouver TH | 13:05.61 |
| 15 | Rasche, Teagan       | 15 | Langley Must | 13:25.40 |
| 16 | Johnson, Erica       | 15 | Valley Royal | 13:30.63 |
| 17 | Rudakov, Anita       | 15 | Kajaks Track | 14:51.56 |

## Event 10 Boys 13 3000 Meter Run

| Name | Age | Team | Finals | Points |
|------|-----|------|--------|--------|
|------|-----|------|--------|--------|

## Results - Men 13 Year Olds

|    |                         |    |                  |          |
|----|-------------------------|----|------------------|----------|
| 1  | Pelayo Mazzone, Roberto | 13 | St. George's     | 10:13.62 |
| 2  | Ribeiro, Dawson         | 13 | Ocean            | 10:17.01 |
| 3  | Nobbs, Thomas           | 13 | Vancouver OL     | 10:24.99 |
| 4  | Forsyth, Luke           | 13 | Ocean            | 10:28.52 |
| 5  | Grabher, Thomas         | 13 | Nanaimo & DI     | 10:53.85 |
| 6  | Paetzel, Ben            | 13 | Vancouver TH     | 11:05.16 |
| 7  | Loewen, Samuel          | 13 | Kajaks Track     | 11:06.53 |
| 8  | Bingert, Liam           | 13 | Valley Royal     | 11:19.50 |
| 9  | Loewen, Nathan          | 13 | Kajaks Track     | 11:22.33 |
| 10 | Riddell, MACKENZIE      | 13 | Norwesters T     | 11:41.28 |
| 11 | Anderton, Nathan        | 13 | Nanaimo & DI     | 12:14.08 |
| 12 | Morrison, Brent         | 13 | Unattached       | 12:36.08 |
| 13 | Durrant, Evan           | 13 | Unattached       | 13:08.32 |
| 14 | Gondara, Vikramjit      | 13 | Valley Royal     | 13:13.14 |
| 15 | Pierre, Tsuqwana7       | 13 | Xit'olacw Commun | 19:48.36 |

## Event 10 Boys 14 3000 Meter Run

| Name                       | Age Team        | Finals   | Points |
|----------------------------|-----------------|----------|--------|
| Results - Men 14 Year Olds |                 |          |        |
| 1 Milic, Michael           | 14 Ocean        | 9:29.13  |        |
| 2 Bergman, Sean            | 14 Okanagan Ath | 9:37.99  |        |
| 3 Hoff, Brendan            | 14 Campbell Riv | 9:41.27  |        |
| 4 Marshall, Brodie         | 14 Vancouver TH | 9:59.12  |        |
| 5 Bailey, Josh             | 14 Nanaimo & DI | 10:04.11 |        |
| 6 Horrobin, Fergus         | 14 Vancouver OL | 10:05.99 |        |
| 7 Kozelj, Joshua           | 14 Coquitlam CH | 10:11.42 |        |
| 8 Higgins, Carter          | 14 Nanaimo & DI | 10:14.40 |        |
| 9 McGovern, Dakota         | 14 Norwesters T | 10:14.69 |        |
| 10 Hughes-Geekie, Davis    | 14 Okanagan Ath | 10:15.39 |        |
| 11 Silvester-Lee, Jackson  | 14 Ocean        | 10:16.79 |        |
| 12 Turner, Bryce           | 14 Kamloops Tra | 10:23.07 |        |
| 13 Broatch, Thomas         | 14 Vancouver TH | 10:38.36 |        |
| 14 Geary, Tanner           | 14 Chilliwack T | 10:56.34 |        |
| 15 Ibbitt, Ryan            | 14 Golden Ears  | 11:16.83 |        |
| 16 Bassett, Yosef          | 14 Oceanside TR | 11:25.15 |        |

## Event 10 Boys 15 3000 Meter Run

| Name                       | Age Team        | Finals   | Points |
|----------------------------|-----------------|----------|--------|
| Results - Men 15 Year Olds |                 |          |        |
| 1 Reta, Jemal              | 15 New West Spa | 9:08.81  |        |
| 2 Colyn, Nickolas          | 15 Langley Must | 9:09.10  |        |
| 3 Muller, Reid M.          | 15 Golden Ears  | 9:25.32  |        |
| 4 Brownrigg, George        | 15 Ocean        | 10:05.61 |        |
| 5 Bingert, Aidan           | 15 Valley Royal | 10:05.70 |        |
| 6 Gray, Riley              | 15 Ocean        | 10:15.88 |        |

## Event 11 Girls 16-17 4k Run CC

| Name                  | Age Team        | Finals   | Points |
|-----------------------|-----------------|----------|--------|
| Results - Women 16-17 |                 |          |        |
| 1 Bassett, Miryam     | 16 Oceanside TR | 16:20.00 |        |
| 2 Townsend, Dana      | 17 Coquitlam CH | 17:29.02 |        |
| 3 Buckshon, Jane      | 17 Vancouver OL | 18:02.20 |        |
| 4 Racine, Kirra       | 16 Kamloops Tra | 18:08.77 |        |
| 5 Celebi, Mina        | 16 Vancouver TH | 18:10.31 |        |
| 6 O'Dwyer, Niamh      | 16 Golden Ears  | 18:18.10 |        |
| 7 Edeer, Nazde        | 17 Vancouver TH | 18:48.07 |        |
| 8 Heisler, Ashley     | 17 Valley Royal | 18:51.72 |        |
| 9 Ross, Sarya         | 16 Valley Royal | 19:38.96 |        |
| 10 Lay, Jennah        | 17 Vancouver TH | 19:39.40 |        |
| 11 Newton, Tomo       | 16 Vancouver TH | 21:14.89 |        |
| 12 Wong, Madison      | 16 Vancouver TH | 21:23.88 |        |

## Event 12 Girls 16-19 5k Run CC

| Name                  | Age Team        | Finals   | Points |
|-----------------------|-----------------|----------|--------|
| Results - Women 16-19 |                 |          |        |
| 1 Stone, Kala         | 17 Kamloops Tra | 18:25.73 |        |
| 2 Balazs, Emma        | 17 Prince Georg | 18:40.87 |        |
| 3 Siemens, Alexandra  | 17 Valley Royal | 18:47.76 |        |
| 4 Sim, Emilyn         | 16 Unattached B | 18:49.77 |        |
| 5 Bassett, Rebecca    | 17 Oceanside TR | 18:52.02 |        |

|    |                      |                 |          |
|----|----------------------|-----------------|----------|
| 6  | Deschiffart, Erica   | 16 Nanaimo & DI | 18:59.00 |
| 7  | Cote, Halley         | 19 Uvic Track C | 19:23.93 |
| 8  | Ginther, Alexandra   | 17 Coastal Trac | 19:31.38 |
| 9  | Blackburne, Michelle | 18 Unattached   | 19:39.39 |
| 10 | Lee, Kirsten         | 19 Point Grey T | 19:53.31 |
| 11 | Stockton, Alea       | 18 Team Northwe | 20:13.01 |
| 12 | Williams, Alison     | 17 Ocean        | 20:18.20 |
| 13 | Regan, Leah          | 19 Unattached B | 20:21.87 |
| 14 | Harradine, Meg       | 18 Trinity West | 20:24.09 |
| 15 | Cho, Erina           | 18 Unattached   | 20:56.24 |
| 16 | Van Tassel, Heather  | 18 Unattached   | 21:27.03 |
| 17 | Lennea, Kayla        | 18 Unattached   | 21:37.46 |
| 18 | Bell, Nikki          | 19 Trinity West | 21:50.19 |
| 19 | Ramage, Katelynn     | 19 Trinity West | 22:03.10 |
| 20 | Degnan, Etta         | 18 Unattached   | 22:20.86 |
| 21 | Merkel, Laura        | 18 Trinity West | 23:17.97 |

Event 13 Boys 16-17 5k Run CC

| Name                | Age Team            | Finals              | Points   |
|---------------------|---------------------|---------------------|----------|
| Results - Men 16-17 |                     |                     |          |
| 1                   | Hooton, Jesse       | 17 Hershey Harr     | 16:08.55 |
| 2                   | Knechtel, Trevor A. | 17 Vancouver TH     | 16:17.59 |
| 3                   | Ertzinger, Immanuel | 16 Hershey Harr     | 17:10.45 |
| 4                   | Halliday, Kieran    | 16 St. George's     | 17:19.77 |
| 5                   | Trummer, Max        | 16 Vancouver TH     | 17:33.10 |
| 6                   | Van Rensburg, Ewert | 17 Golden Ears      | 17:37.63 |
| 7                   | Figueroa, Brandon   | 16 Ocean            | 17:38.43 |
| 8                   | Mitchell, Peter     | 16 Valley Royal     | 17:47.99 |
| 9                   | Miller, Sean        | 16 Nanaimo & DI     | 18:01.35 |
| 10                  | McKay, Liam         | 16 Ocean            | 18:07.49 |
| 11                  | Lapointe, Carsten   | 17 Unattached       | 18:20.87 |
| 12                  | Sawatzky, David     | 17 Chilliwack T     | 19:21.77 |
| 13                  | Ganda, Arshdeep     | 16 Valley Royal     | 20:01.99 |
| 14                  | Minkus, Malcolm     | 16 Okanagan Ath     | 24:14.10 |
| 15                  | Pierre, Ncat7aoq    | 16 Xit'olacw Commun | 30:08.80 |

Event 14 Boys 16-19 7k Run CC

| Name                | Age Team           | Finals          | Points   |
|---------------------|--------------------|-----------------|----------|
| Results - Men 16-19 |                    |                 |          |
| 1                   | Neufeld, Levi      | 18 Trinity West | 22:45.75 |
| 2                   | Deschiffart, Joel  | 18 Trinity West | 22:54.91 |
| 3                   | Delcourt, Timothy  | 18 Coastal Trac | 22:58.52 |
| 4                   | Rajala, Devin      | 19 Unattached B | 23:17.55 |
| 5                   | Bourgeois, Michael | 19 Newmarket Hu | 23:20.02 |
| 6                   | Mitchell, Reid     | 19 University o | 23:28.69 |
| 7                   | Smith, Lorenzo     | 18 Unattached   | 24:26.00 |
| 8                   | Fraser, Travis     | 19 Douglas Coll | 24:37.97 |
| 9                   | Goodwin, Nathan    | 18 Trinity West | 25:20.80 |
| 10                  | Richardson, Layne  | 18 Penticton AT | 25:28.07 |
| 11                  | Browne, Ross       | 19 Trinity West | 26:00.97 |
| 12                  | Matyas, Zachary    | 17 Prince Georg | 26:13.60 |

Event 15 Women 20+ 6k Run CC

| Name                | Age Team        | Finals          | Points   |
|---------------------|-----------------|-----------------|----------|
| Results - Women 20+ |                 |                 |          |
| 1                   | Fraser, Natasha | 31 Prairie Inn  | 21:30.31 |
| 2                   | Cliff, Rachel   | 24 Vancouver TH | 22:03.60 |

|    |                          |    |                 |          |
|----|--------------------------|----|-----------------|----------|
| 3  | Benson, Fiona            | 20 | Trinity West    | 22:25.65 |
| 4  | Wilkie, Sabrina          | 27 | Point Grey T    | 22:35.82 |
| 5  | Ogbasilassie, Lemlem-Ber | 25 | Unattached      | 22:55.06 |
| 6  | Digby, Erica M.          | 23 | Vancouver TH    | 23:02.17 |
| 7  | Madden, Anne-Marie       | 32 | Vancouver FA    | 23:20.38 |
| 8  | Smith, Jessica L.        | 23 | Valley Royal    | 23:39.46 |
| 9  | Burrett, Erin            | 31 | Prairie Inn     | 23:49.43 |
| 10 | McInnis, Shauna          | 20 | Uvic Track C    | 24:02.94 |
| 11 | Bruckschwaiger, Katrina  | 30 | Point Grey T    | 24:55.33 |
| 12 | Moroz, Jen               | 27 | Point Grey T    | 25:11.63 |
| 13 | Heneghan, Michelle       | 26 | Vancouver FA    | 25:51.80 |
| 14 | Oram, Louise             | 28 | Unattached B    | 26:19.77 |
| 15 | Fedoruk, Nancy           | 30 | Hershey Harr    | 26:22.92 |
| 16 | Millan, Shayla           | 24 | Unattached      | 26:25.83 |
| 17 | Robson, Kelsey           | 22 | Unattached      | 26:28.82 |
| 18 | Yip, Ashley              | 21 | Unattached      | 26:57.84 |
| 19 | Metro, Trisha            | 29 | Unattached      | 26:57.85 |
| 20 | Ryeo, Melissa            | 22 | Thompson Rivers | 27:50.58 |
| 21 | Debruyne, Rolena         | 22 | Thompson Rivers | 27:50.81 |
| 22 | Frost, Victoria          | 20 | Unattached      | 28:44.82 |
| 23 | Paustian, Jessie         | 26 | Thompson Rivers | 29:17.89 |
| 24 | Roberts, Meghan          | 19 | Thompson Rivers | 30:08.62 |
| 25 | Streichert, Kailee       | 19 | Thompson Rivers | 30:24.89 |
| 26 | Stewart, Alannah         | 21 | Thompson Rivers | 31:27.54 |
| 27 | Olson, Dyrian            | 20 | Thompson Rivers | 34:57.94 |

Event 16 Men 20+ 10k Run CC

| Name              | Age                    | Team | Finals       | Points   |
|-------------------|------------------------|------|--------------|----------|
| Results - Men 20+ |                        |      |              |          |
| 1                 | Winter, Chris          | 26   | Speed River  | 32:25.61 |
| 2                 | Martinson, Geoffrey B. | 26   | Prince Georg | 32:43.95 |
| 3                 | Johnston, Blair        | 20   | Trinity West | 32:49.22 |
| 4                 | Childs, Clifford       | 23   | Uvic Track C | 32:51.38 |
| 5                 | Pawluk, Samuel         | 27   | Point Grey T | 32:51.47 |
| 6                 | Brockerville, Ryan     | 23   | Mariners Ath | 32:54.22 |
| 7                 | Kent, Justin           | 20   | Coastal Trac | 33:23.25 |
| 8                 | Huff, Ryan             | 24   | Point Grey T | 33:31.28 |
| 9                 | Swanson, Kristopher    | 31   | Prairie Inn  | 33:56.84 |
| 10                | Hunt, Theo             | 24   | Point Grey T | 34:14.17 |
| 11                | Chester, Sean W.       | 28   | Prairie Inn  | 34:33.78 |
| 12                | Utting, Oliver B.      | 39   | Unattached B | 34:34.17 |
| 13                | White, Declan          | 20   | Coastal Trac | 35:05.80 |
| 14                | Young, James           | 21   | Unattached B | 35:13.81 |
| 15                | Michie, Tom            | 26   | Running Room | 35:16.12 |
| 16                | Ahmed, Hiban           | 24   | Elite Track  | 35:30.88 |
| 17                | MACHUGA, John          | 33   | Vernon Amate | 35:33.30 |
| 18                | Dhanani, Samir         | 23   | Unattached B | 35:37.64 |
| 19                | Brzezynski, Benjamin   | 23   | Prairie Inn  | 35:41.81 |
| 20                | Wallace, Colin         | 34   | Unattached   | 35:44.85 |
| 21                | Prajea, Mihai          | 21   | Trinity West | 35:45.92 |
| 22                | Voth, Chris            | 21   | Trinity West | 35:46.22 |
| 23                | Bill, Simon            | 20   | Unattached B | 35:50.82 |
| 24                | Stephens-Whale, Shaun  | 23   | Unattached   | 35:59.61 |
| 25                | Roots, Logan           | 19   | Prairie Inn  | 36:05.57 |
| 26                | Searle, Ian            | 21   | Prairie Inn  | 36:29.29 |
| 27                | Schiavone, Trevor      | 21   | Uvic Track C | 36:42.09 |
| 28                | Nipen, Thomas          | 28   | Roads & Runn | 36:47.76 |
| 29                | Klaus, Anders          | 25   | Unattached   | 37:00.35 |
| 30                | Knowlton, Richard      | 31   | Prairie Inn  | 38:10.71 |
| 31                | Sherwood, Roger        | 25   | Unattached   | 38:10.89 |
| 32                | Kerkovius, Jeff        | 20   | Unattached   | 38:21.89 |



|                         |                    |          |
|-------------------------|--------------------|----------|
| 33 Carolan, Mark        | 28 Thompson Rivers | 38:28.43 |
| 34 Anstett, Garrett     | 21 Unattached      | 38:41.99 |
| 35 Kesteven, Jared      | 22 Unattached      | 38:48.37 |
| 36 Gibson, Alexander P. | 21 Douglas Coll    | 38:55.53 |
| 37 Rajput, Gurjit       | 21 Coastal Trac    | 39:03.13 |
| 38 Stewart, Duane       | 25 Unattached B    | 39:32.93 |
| 39 Butler, Michael      | 22 Ocean           | 39:45.80 |
| 40 Capela, Carlos       | 34 Unattached      | 40:16.76 |
| 41 Tovee, Mark          | 27 Thompson Rivers | 40:48.01 |
| 42 Macedo, Colin        | 22 Thompson Rivers | 41:37.81 |
| 43 Curl, Chris          | 21 Thompson Rivers | 41:46.52 |
| 44 Canizal, Francisco   | 26 Thompson Rivers | 42:18.54 |
| 45 Pichugin, Igor       | 23 Thompson Rivers | 42:56.87 |
| 46 Lebrun, Marcel       | 43 Unattached      | 42:59.27 |
| 47 Higgins, Aidan       | 33 Vancouver FA    | 43:47.22 |
| 48 Linden, Tyler        | 19 Thompson Rivers | 46:42.63 |
| 49 Parker, Cole         | 19 Thompson Rivers | 49:58.73 |
| 50 Dulay, Sunny         | 21 Thompson Rivers | 52:42.38 |
| 51 Carter, Paul         | 20 Thompson Rivers | 53:24.36 |

Event 17 Women 35-39 8000 Meter Run

| Name                  | Age Team        | Finals   | Points |
|-----------------------|-----------------|----------|--------|
| Results - Women 35-39 |                 |          |        |
| 1 Ruus, Rachel        | 38 Kajaks Track | 31:38.09 |        |
| 2 Tinio, Mirabelle    | 35 Unattached   | 34:01.05 |        |

Event 17 Women 40-44 8000 Meter Run

| Name                  | Age Team        | Finals   | Points |
|-----------------------|-----------------|----------|--------|
| Results - Women 40-44 |                 |          |        |
| 1 Montgomery, Darcie  | 43 Hershey Harr | 32:46.24 |        |
| 2 Biffart, Michelle   | 41 Ocean        | 37:21.86 |        |

Event 17 Women 45-49 8000 Meter Run

| Name                  | Age Team        | Finals   | Points |
|-----------------------|-----------------|----------|--------|
| Results - Women 45-49 |                 |          |        |
| 1 Nightingale, Teresa | 46 Sunshine Coa | 35:15.89 |        |
| 2 Bezdán, Jeanie      | 48 Ocean        | 37:06.50 |        |
| 3 Morgan, Shonna      | 48 Semiahmoo Su | 49:10.49 |        |

Event 17 Women 50-54 8000 Meter Run

| Name                  | Age Team            | Finals   | Points |
|-----------------------|---------------------|----------|--------|
| Results - Women 50-54 |                     |          |        |
| 1 Christie, Juliette  | 50 Prairie Inn      | 34:15.65 |        |
| 2 Davies, Wendy       | 54 Prairie Inn      | 37:34.17 |        |
| 3 Cotton, Lori        | 51 Semiahmoo Sunrun | 43:49.73 |        |
| 4 Hinze, Mary         | 50 Semiahmoo Su     | 52:01.22 |        |

Event 17 Women 55-59 8000 Meter Run

| Name                    | Age Team | Finals   | Points |
|-------------------------|----------|----------|--------|
| Results - Women 55-59   |          |          |        |
| 1 de St. Croix, Maureen | 59 Ocean | 37:23.06 |        |
| 2 Jordan, Debbie        | 55 Ocean | 38:10.50 |        |

|                     |                     |          |
|---------------------|---------------------|----------|
| 3 Dueck, Lynne      | 55 Kajaks Track     | 41:41.47 |
| 4 Lightfoot, Brenda | 58 Semiahmoo Sunrun | 51:48.26 |

Event 17 Women 60-64 8000 Meter Run

| Name                  | Age Team            | Finals   | Points |
|-----------------------|---------------------|----------|--------|
| Results - Women 60-64 |                     |          |        |
| 1 O'Grady, Frances    | 64 Semiahmoo Sunrun | 55:44.30 |        |

Event 17 Men 35-39 8000 Meter Run

| Name                    | Age Team        | Finals   | Points |
|-------------------------|-----------------|----------|--------|
| Results - Men 35-39     |                 |          |        |
| 1 Atkinson, John        | 39 Vancouver FA | 30:39.02 |        |
| 2 Weiss, Joshua         | 36 Unattached B | 32:11.39 |        |
| 3 Bienefeld, Andy       | 37 Unattached B | 36:04.29 |        |
| 4 Wickremasuriya, Gihan | 39 Kajaks Track | 39:03.57 |        |

Event 17 Men 40-44 8000 Meter Run

| Name                 | Age Team        | Finals   | Points |
|----------------------|-----------------|----------|--------|
| Results - Men 40-44  |                 |          |        |
| 1 Odermatt, Craig    | 42 Uvic Track C | 28:05.24 |        |
| 2 Murphy, Mike       | 41 Unattached B | 30:04.05 |        |
| 3 Sheel, Bill        | 43 Hershey Harr | 31:14.41 |        |
| 4 Titov, Mikhail     | 44 Elite Track  | 31:14.42 |        |
| 5 McCluskey, Padraig | 43 Prairie Inn  | 31:49.51 |        |
| 6 Matyas, Stephen T. | 42 Prince Georg | 33:01.50 |        |
| 7 Hennessey, Chris   | 43 Golden Ears  | 34:52.57 |        |
| 8 Zhu, Jian          | 43 Ocean        | 37:26.54 |        |

Event 17 Men 45-49 8000 Meter Run

| Name                    | Age Team        | Finals   | Points |
|-------------------------|-----------------|----------|--------|
| Results - Men 45-49     |                 |          |        |
| 1 Tinkham, Norman       | 49 Prairie Inn  | 29:29.44 |        |
| 2 Tuovinen, Andrew      | 49 Hershey Harr | 29:39.07 |        |
| 3 McCulloch, Warren     | 46 Phoenix Athl | 30:15.62 |        |
| 4 Ginther, Tyler        | 46 Coastal Trac | 30:30.63 |        |
| 5 Maika, Christopher    | 49 Kajaks Track | 31:37.03 |        |
| 6 Durrant, Robert       | 47 Unattached   | 31:43.00 |        |
| 7 Nightingale, Larry G. | 49 Sunshine Coa | 32:10.12 |        |
| 8 Ghuman, Darbara Singh | 45 Unattached   | 32:37.53 |        |
| 9 Boulton, Chris        | 48 Semiahmoo Su | 34:33.70 |        |
| 10 Sladek, Vaclav       | 45 Unattached B | 38:24.93 |        |
| 11 Cerullo, Antonio     | 46 Semiahmoo Su | 42:23.69 |        |

Event 17 Men 50-54 8000 Meter Run

| Name                  | Age Team            | Finals   | Points |
|-----------------------|---------------------|----------|--------|
| Results - Men 50-54   |                     |          |        |
| 1 Martinson, Brian A. | 54 Prince Georg     | 33:50.04 |        |
| 2 Robertson, Dave     | 52 Unattached B     | 35:11.63 |        |
| 3 Flett, Gordon       | 52 Semiahmoo Su     | 36:23.29 |        |
| 4 Smith, Brad         | 52 Ocean            | 39:00.06 |        |
| 5 Moore, Duncan       | 50 Unattached B     | 39:21.84 |        |
| 6 Makepeace, John     | 52 Semiahmoo Sunrun | 43:47.89 |        |

## Event 17 Men 55-59 8000 Meter Run

| Name                | Age Team        | Finals   | Points |
|---------------------|-----------------|----------|--------|
| Results - Men 55-59 |                 |          |        |
| 1 Boileau, Arthur   | 55 Hershey Harr | 31:32.71 |        |
| 2 Duncan, Gary      | 55 Prairie Inn  | 32:11.40 |        |
| 3 Ross, Mikey       | 56 Unattached B | 32:47.43 |        |
| 4 Lang, Rob         | 56 Unattached   | 34:00.35 |        |
| 5 Wichmann, Ron     | 57 Chilliwack T | 34:59.98 |        |
| 6 Hinze, James      | 59 Semiahmoo Su | 52:01.64 |        |

## Event 17 Men 60-64 8000 Meter Run

| Name                | Age Team            | Finals   | Points |
|---------------------|---------------------|----------|--------|
| Results - Men 60-64 |                     |          |        |
| 1 O'Grady, Michael  | 63 Semiahmoo Sunrun | 39:53.56 |        |
| 2 Wood, Paul        | 63 Unattached       | 40:01.57 |        |
| 3 Cotton, Fred      | 60 Semiahmoo Sunrun | 42:58.80 |        |
| 4 Anderson, Walter  | 60 Semiahmoo Sunrun | 46:05.91 |        |

## Event 17 Men 65-69 8000 Meter Run

| Name                | Age Team            | Finals   | Points |
|---------------------|---------------------|----------|--------|
| Results - Men 65-69 |                     |          |        |
| 1 Connon, Brian     | 65 Prairie Inn      | 36:30.26 |        |
| 2 Hastie, Tom       | 65 Semiahmoo Sunrun | 40:36.05 |        |
| 3 Madderom, Jake    | 68 Kajaks Track     | 41:27.25 |        |

## Event 17 Men 70-74 8000 Meter Run

| Name                    | Age Team        | Finals   | Points |
|-------------------------|-----------------|----------|--------|
| Results - Men 70-74     |                 |          |        |
| 1 Caruso, John          | 72 Kajaks Track | 39:37.50 |        |
| 2 Schmidt, Jean-Jacques | 71 Kajaks Track | 41:40.57 |        |
| 3 Daniel, Rob           | 73 Unattached B | 56:28.11 |        |

## Event 17 Men 75-79 8000 Meter Run

| Name                | Age Team        | Finals   | Points |
|---------------------|-----------------|----------|--------|
| Results - Men 75-79 |                 |          |        |
| 1 Roufosse, Roger   | 77 Semiahmoo Su | 45:20.28 |        |